

Al-Anon Alive Newsletter

Volume 32

Number 10

AL-ANON FAMILY GROUP (AFG) OF SOUTHEASTERN WISCONSIN SERVICE CENTER

Located in Summit Place
6737 W. Washington Street, Suite 2125
West Allis, WI 53214-5655
414.257.2415
www.alanon-wi.org
e-mail: alanon@alanon-wi-org

SERVICE CENTER HOURS

Monday: 10:00 a.m. – 7:30 p.m.
Wednesday: 10:00 a.m. – 4:00 p.m.
Friday: 10:00 a.m. – 4:00 p.m.
Saturday 9:00 a.m. – 12:00 p.m.

Call ahead to verify the Service Center hours for Mondays after 4:00 p.m. and for Saturdays.

(Weather-related closures of the Service center will be posted on WTMJ Channel 4, WITI Channel 6, and WISN Channel 12 TV.)

SERVICE CENTER PARKING

Parking is available to the East of Summit Place. If you leave before 10:00 p.m. on a weekday obtain a "voucher" from the Service Center to give to the guard for a token. The token is used to exit the East visitor parking lot.

The front door of Summit Place is handicap accessible, but is not open after 6:00 p.m. on weekdays and not open on weekends. Use the door by the East visitor parking lot. There is handicap parking to the West of Summit Place.

Parking is also available in the parking structure and in the city lot at the east end of Washington Street.

SERVICE CENTER VOLUNTEERS NEEDED

Service Center volunteers are needed on Mondays, Wednesdays, and Fridays from 10:00 a.m. to 4:00 p.m. and on Monday evenings 4:00 p.m. to 7:30 pm.

An extended commitment is not necessary.

The Service Center will not be open on Thursday evenings due to a shortage of volunteers.

For details on how you can volunteer for the Service Center, call Tracy A., Coordinator of Office Volunteers, 414.704.0769 or contact Linda D. at 414.257.2415.

No experience is needed. A short training session will be provided.

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HOTLINE

When the Service Center is closed, we now have the ability to transfer the Service Center calls to an individual's home phone. We are looking for volunteers. The process is simple and you can choose the hours you are willing to accept calls.

Hotline Schedule

Sunday:	9:00 a.m. – 6:00 p.m. <i>(Except 9:30 a.m. – 11:30 a.m.)</i>	Laura S.
Sunday:	9:30 a.m. – 11:30 a.m.	Susan R.
Sunday:	6:00 p.m. – 10:00 p.m.	Beth C.
Monday:	7:30 p.m. – 10:00 p.m.	<i>(Vacant)</i>
Tuesday:	9:00 a.m. – 4:00 p.m.	Tracy C.
Tuesday:	4:00 p.m. – 10:00 p.m.	Laura S.
Wednesday:	4:00 p.m. – 10:00 p.m.	<i>(Vacant)</i>
Thursday:	9:00 a.m. – 12:00 p.m.	Tracy C.
Thursday:	12:00 p.m. – 4:00 p.m.	<i>(Vacant)</i>
Thursday:	7:00 p.m. – 10:00 p.m.	<i>(Vacant)</i>
Friday:	4:00 p.m. – 8:00 p.m.	Laura S.
Saturday:	9:00 a.m. – 10:00 p.m.	<i>(Vacant)</i>

Available Hours

Monday:	7:30 p.m. – 10:00 p.m.
Wednesday:	4:00 p.m. – 10:00 p.m.
Thursday:	12:00 p.m. – 10:00 p.m.
Saturday:	9:00 a.m. – 10:00 p.m.

The above available hours can be split into smaller increments according to the time you would be available to volunteer. Call Linda D. at 257.2415 for details.

NEW TO AL-ANON?

Sunday Night Pewaukee Beginner's Meeting 6:00 p.m.

The Sunday Night Pewaukee Beginner's Meeting is held at Galilee Lutheran Church at N24 W26430 Crestview Drive (off Hwy G), Pewaukee, WI.

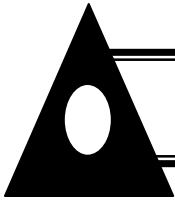
Monday Night Beginner's Meeting 7:30 p.m.

The Monday Night Beginner's Meeting is held at the Service Center located in Summit Place at 6737 W. Washington Avenue, Suite 2135, West Allis. Everyone is invited. *(Will not be open on holidays.)*

Meeting Night	Contact Person	Contact #
1 st Monday	Nancy D. – "Franklin Serenity"	414.764.5897 414.378.2955
2 nd Monday	Jan S. – "Waukesha 12 & 12"	262.542.5122
3 rd Monday	Karen H.- "Friends of Lois"	414.475.7694
4 th Monday	Chris S (even) Franklin Serenity Chris D. (odd) "Brookfield Courage to Change"	414.329.9310 262.522.6567
5 th Monday	"Back to Basics"	

Wednesday Night Beginner's Meeting 7:00 p.m.

The Wednesday Night Beginner's Meeting is held at Calvary Memorial Church at 4001 Washington Avenue, Racine, WI. Go to the back of the church, use the 1st door on the eastside, walk up the steps, and turn right to the Al-Anon room. Everyone is invited.



AL-ANON OPEN SPEAKER MEETINGS

If you know of any regularly scheduled Al-Anon Open Speaker Meetings not listed below, please contact the Al-Anon Service Center at (414) 257-2415 so we can list them.

1ST WEEK OF THE MONTH

**1ST TUESDAY OF MARCH, JUNE, SEPTEMBER, DECEMBER
6:30 P.M.**

(no smoking, childcare provided)
"Franklin Serenity AFG"
Faith Presbyterian Church
3800 W. Rawson Avenue
Franklin, WI 53132

**1ST WEDNESDAY OF EACH MONTH
8:00 P.M.**

(no smoking)
"Helping Hands AFG"
Nativity Lutheran Church
(side door, upstairs)
6905 W. Bluemound Road
Milwaukee, WI 53213

**1ST THURSDAY OF EACH MONTH
7:00 P.M.**

(no smoking, childcare provided)
"12 Steppers AFG"
Brookfield Presbyterian Church
1485 N. Brookfield Road
Brookfield, WI 53045

2ND WEEK OF THE MONTH

**2ND MONDAY OF EVEN-NUMBERED MONTH
7:00 P.M.**

(no smoking)
"Stepping Stones—Milwaukee AFG"
Mother of Good Council Church
6924 W. Lisbon
(enter on Lisbon)
Milwaukee, WI 53210

3RD WEEK OF THE MONTH

**3RD MONDAY OF MONTHS WITH 5 MONDAYS
6:30 P.M.**

(no smoking)
"Brookfield Courage to Change AFG"
St. John Vianney Church
1755 N. Calhoun Road
(at Gebhardt – use parish center door)
Brookfield, WI 53005

**3RD WEDNESDAY OF MONTHS WITH 5 Wednesdays
7:00 P.M.**

(no smoking, childcare provided)
"Wales Hope and Serenity AFG"
Bethlehem Lutheran Church
470 N. Oak Crest Drive
Wales, WI 53183

4TH WEEK OF THE MONTH

**4TH THURSDAY OF JANUARY, APRIL, JULY & OCTOBER
8:30 P.M.**

(no smoking)
"Tosa Thursday Night AFG"
Underwood Baptist Church
1916 Wauwatosa Avenue
Wauwatosa, WI 53213

5TH WEEK OF THE MONTH

**5TH SUNDAY OF EACH MONTH
6:30 P.M.**

(no smoking, childcare provided)
"Living in the Solution AFG"
Unity Church
1717 N. 73rd Street
Milwaukee, WI 53213

7:00 P.M.

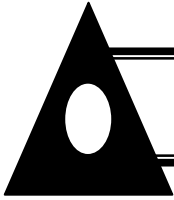
(no smoking, childcare provided)
"Pewaukee Serenity AFG and Alateen"
Galilee Lutheran Church
N24 W26430 Crestview Drive
Pewaukee, WI 53072

**5TH MONDAY OF THE MONTH
9:45 A.M.**

(no smoking, childcare provided)
"New Attitudes AFG"
Ascension Lutheran Church
1415 Dopp. Street
Waukesha, WI 53188

6:30 P.M.

(no smoking)
"Eastside Monday Night AFG"
North Shore Presbyterian Church
4048 Bartlett Avenue
Milwaukee, WI 53211



MEETINGS OFFERING CHILDCARE

**SUNDAYS
6:30 P.M.**

“Living in the Solution AFG”
Unity Church
1717 N. 73rd Street
Milwaukee, WI 53213

**SUNDAYS
6:30 P.M.**

“Sunday Night Surrender AFG”
St. Johns Lutheran Church
20275 Davidson Road
Brookfield, WI 53045

**SUNDAYS
6:00 .PM. & 7:00 P.M.**

“Pewaukee Serenity AFG and Alateen”
Galilee Lutheran Church
N24 W26430 Crestview Drive
Pewaukee, WI 53072

**MONDAYS
9:30 A.M.**

“New Attitudes AFG”
Ascension Lutheran Church
1415 Dopp. Street
Waukesha, WI 53188

**TUESDAYS
6:30 P.M.**

“Franklin Serenity AFG”
Faith Presbyterian Church
3800 W. Rawson Avenue
Franklin, WI 53132

**WEDNESDAYS
7:00 P.M.**

“Waukesha 12x12 AFG”
Good Shepherd Lutheran Church
601 N. University Street
Waukesha, WI 53188

**WEDNESDAYS
7:00 P.M.**

“Wales Hope and Serenity AFG”
Bethlehem Lutheran Church
470 N. Oak Crest Drive
Wales, WI 53183

**THURSDAYS
10:00 A.M.**

“Into Action AFG”
Lawrence Center
3011 Saylesville Road
Waukesha, WI 5389

**THURSDAYS
7:00 P.M.**

“12 Steppers AFG”
Brookfield Presbyterian Church
1485 N. Brookfield Road
Brookfield, WI 53045

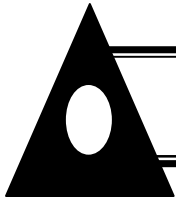
**FRIDAYS
12:00 P.M. (NOON)**

“Back to Basics AFG”
Calvary Lutheran Church
1750 N. Calhoun Road
Brookfield, WI 53005

**FRIDAYS
8:00 P.M.**

“No Saints AFG”
All Saint Lutheran Church
9131 S. Howell Avenue
Oak Creek, WI 53154





OPEN DISCUSSION MEETINGS

**SUNDAYS
7:00 P.M.**

Hales Corners Open Discussion
(Al-Anon with AA participation)
Emanuel Church
10627 W. Forest Home Avenue
Hales Corners, WI 53130

Al-Anon guidelines suggest if combined meetings are held, they should be used as supplements to regular Al-Anon meetings.

SPANISH SPOKEN MEETINGS

**MONDAYS
6:00 P.M.**

**THURSDAYS
6:00 P.M.**

**SATURDAYS
10:00 A.M.**

“Renacer AFG”
Nativity Jesuit Middle School
1515 S. 29th Street
Milwaukee, WI 53215

**WEDNESDAYS
10:00 A.M.**

**THURSDAYS
6:00 P.M.**

**SATURDAYS
10:00 A.M.**

“Solo Por Hoy AFG”
Ascension Lutheran Church Steam Chapel
1300 Layton Boulevard
(27th Street)
Milwaukee, WI 53215

**SATURDAYS
10:30 A.M.**

“Morning Solutions Alateen”
Bilingual Spanish and English
Nativity Jesuit Middle School
1515 S. 29th Street
Milwaukee, WI 53215

WANTED AL-ANON/ALATEEN MEETINGS

**COLUMBIA ST. MARY’S HOSPITAL
MEQUON WI**

Anyone interested in starting an Al-Anon meeting at the hospital, call the Service Center at 414.257.2415.

**HOUSE OF HOPE
WAUKESHA WOMEN’S SHELTER**

Anyone interested in starting an Al-Anon meeting at the shelter, call Denise Marisch at 414.688.6884 or e-mail: Denise.A.Marisch@fnis.com

Second Friday of the month from 6:00 pm to 7:00 p.m.
Al-Anon men are welcome.

**SOUTH MILWAUKEE/CUDAHY/
OAK CREEK/FRANKLIN AREA**

Anyone interested in starting a daytime (between 10:00 a.m. & 4:00 p.m.) Al-Anon meeting with childcare in the area, call Sally at 414.762.9712.

SOUTH MILWAUKEE HIGH SCHOOL

Anyone interested in starting an Alateen meeting, call Victor M. at 414.766.5815.

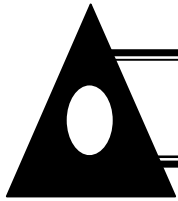
ALANO CLUB

Anyone interested in starting an Alateen meeting at the club, call the Service Center at 414.257.2415.

FRAGRANCE FREE AL-ANON MEETINGS

Please avoid using scented products before coming to this meeting, including:

- Perfume, cologne or aftershave
- Scented deodorants, soaps or body wash
- Scented shampoos, hair conditions/spays
- Scented fabric softeners
- Body fragrance, fragranced body/hand lotions
- Other scented personal care products



INTERGROUP MEETINGS

4TH THURSDAY OF EVERY ODD-NUMBERED MONTH
(Except November they meet on the 3rd Thursday)
7:00 P.M.

Al-Anon Service Center at Summit Place
Conference Room #2218
6737 W. Washington St.
West Allis, WI 53214

All Intergroup Service representatives (ISRs) and their alternates need to register with the Service Center to have voting privileges for their group. Call the Service Center at 414.257.2415 or e-mail: alanon@alanon-wi.org to register. Give your group's name, your full name, mailing address, and phone number (e-mail is optional).

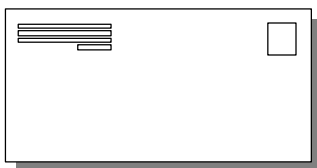
UPCOMING MEETING DATES

November 19, 2009
January 28, 2010
March 25, 2010

GROUP MAILING ADDRESS

Is your group getting mail from the World Service Office (WSO), Area 61, and Service Center? Check with your group's secretary and determine if WSO has your group's mailing address. To notify WSO of a new group or of changes (location, time etc,) to an existing group, call WSO at 757.563.1600 or go to: www.al-anon.alateen.org and download a Group Records Change Form (GR-1).

To notify the Service Center, call 414.257.2415 or e-mail: alanon@alanon-wi.org. During each group's anniversary month, the Service Center sends the group an Annual Registration Packet. The packet helps keep the group's meeting information current for newcomers and helps the group receive important Al-Anon information.



SERVICE BOARD MEETINGS

4TH THURSDAY OF EVERY EVEN-NUMBERED MONTH
6:30 P.M.

Al-Anon Service Center at Summit Place
Conference Room #2218
6737 W. Washington St.
West Allis, WI 53214

The chair and assistant chair positions are for one year. However, after serving the one year assistant chair position that person automatically serves the following year as chair. The other board positions are for two-year terms. The prerequisites for becoming a Service Board member is to either have one year as an ISR or two years in Al-Anon with services at the group level.

UPCOMING MEETING DATES

October 22, 2009
December 18, 2009
February 25, 2010

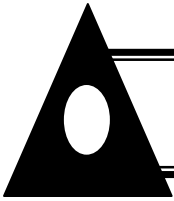
SERVICE BOARD MEMBERS

Chairman:	Sandy G.	262.370.3161
Assistant Chair:	Robert C.	262.706.3000
Secretary:	Mary D.	414.444.2365
AA Liaison:	Amy P.	262.751.6963
"Al-Anon Alive" Editor:	Ann M.	414.771.3166
Alateen Coordinator:	(vacant)	
Alateen Liaison:	(vacant)	
Area Liaison:	Annemarie A.	414.571.0135
Institutions:	(vacant)	262.594.2114
Literature:	Susan	414.861.6382
Public Information:	(vacant)	
Treasurer:	Fe P.	262.650.1720
Volunteer Coordinator:	Tracy A.	414.704.0769
Ways & Means:	Chris B.	414.355.4568
Web Coordinator:	(vacant)	

Pat S. has been a loyal member of the Service Board holding the position of Alateen Coordinator for some time. More recently, Pat has requested she be released from the responsibility.

At this time, we want to thank Pat S. for the excellent job she has done and thank her for the many hours she has given to the position.

If you are interested in filling an opening, or have questions about the Service Board, you may leave a message at 414.257.2415 and someone will be calling you back.



“ELECTRONIC” MEETINGS

ON-LINE MEETINGS

Current list of registered electronic meetings is available at:
www.al-anon.alateen.org/meetings/meetings.html

Click: Link at bottom of page & enter your e-mail address

- You'll receive another link to the list.
- Please use WSO list to be sure the meetings are registered

TELEPHONE MEETINGS

Phone: 1.712.432.8733

(Access Code: 52639#)

www.geocities.com/alanonphonemeetings

Spanish Speaking Al-Anon Phone

1.218.486.8700

(Access Code: 32106#)

MEETING SPACE AVAILABLE

TRINITY UNITED METHODIST CHURCH

308 Oneida Street

Beaver Dam, WI 53916

Call Pastor Mark S. at 920.887.7211

ALANO CLUB

1521 N. Prospect Avenue

Milwaukee, WI 53202

Call Mark at 414.287.9102

LOVE OF GOD CATHEDRAL

818 W. St. Paul Street

Waukesha, WI 53188

Call Craig at 414.430.0888

AL-ANON BOOKS, PAMPHLETS, BOOK COVERS, MEDALLIONS ETC.

The Al-Anon Service Center at 6737 W. Washington Street, Suite 2125, West Allis, WI 53214 has available for purchase the various Al-Anon books, pamphlets, book covers, and medallions. The updated “pink” meeting directory is also available at the Service Center for \$.75.

The new butterfly, serenity prayer, bronze medallions are now available at the Service Center for \$2.00. The Al-Anon anniversary medallions from one month to 30 years are also available for \$2.00.

Book covers are available for the small daily readers for \$2.00 and book covers for the larger size books are \$2.50. Please all the Service Center at 414.257.2415 with any questions.

Fabric is available, if you would be interested making book covers.

VOLUNTEER CORNER

A big grateful hug to all of our VIVs (Very Important Volunteers). The Service Center could not operate without your help. Listed below are the volunteers who shared their time and talent in August. When we have volunteers at the Service Center, it frees the regular paid staff to work on the business issues. Thank you again!

(Indicates these volunteers worked more than once in a given month.)*

Mary B.K.
Tim G.
Beverly S.
Pat M.*

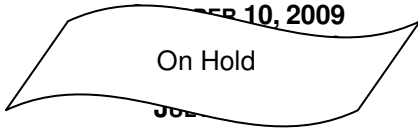
Susan K.
Cate M.
Jean G*
Judy D.

Marcy A.
Carole E.
Mary K..
Dolores W.

Terry H*.
Annie W.
Cathy H.
Mary G.

Erika S.*
Denise M.

ALATEEN SPONSORSHIP TRAINING



At this time, the Alateen Sponsorship Training programs scheduled for October, January, April, and July will be on hold until further notice.

**“AL-ANON ALIVE”
NEEDS YOUR ARTICLES**

In the past the newsletter printed only Al-Anon service articles. Today “Al-Anon Alive” prints all Al-Anon related articles.

Submit your article by the 15th of the month to appear in the following month’s newsletter. If received after the 15th of the month, it will appear in a newsletter but it may be the following newsletter. Articles should be in Word document format. The article can be e-mailed to Ann at: alive_editor@yahoo.com

If you don’t have access to a computer, please feel free to hand write you article and mail or drop it off at the Al-Anon Service Center at 6737 W. Washington Street, Suite 2125, West Allis, WI 53214. The Service Center will then mail the articles to Ann.



LET IT BEGIN WITH ME

BY: ANN M.

On my way to and from work, I often listen to the news on the car radio. After hearing some of the decisions politicians make, I want to scream. It’s not so much the decisions they’ve made but the “reasons” given for the decisions. It often sounds like the decisions are made for the greater good of a particular politician or a particular group rather than for the greater good of all.

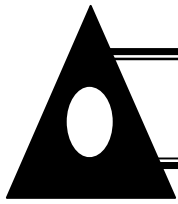
The Al-Anon program teaches me I can not change another human being but I can change how I do things. Like the saying says, “Let It Begin with Me.”

I’ve been working on becoming more aware of my own everyday decisions and the reasons behind them. I’ve come to realize many of my decisions are made out of fear for my wellbeing even when there is no real danger. I’m afraid of “not having enough,” afraid of “having too much” or just afraid of “what if.”

I keep forgetting to trust my higher power - who loves me and is willing to guide me, if I let him. The next time I want to make a decision, no matter how small or seemingly unimportant, I need to check it out with my higher power. I know from past experience, I’ll have a sense of what my higher power wants me to do. Then of course, I get to choose to do it or not.

Like the card says, “Just for today . . . I’ll do someone a good turn and not be found out.” It goes back to “let it begin with me.” Like everyone else in the world, anything I say or do has a ripple effect. Let my ripple effect be for the greater good of all concerned.





HOW MUCH TIME DO I NEED IN THE PROGRAM TO BE OF HELP TO SOMEONE?

BY: ANNEMARIE A.

Recently, I attended an open meeting and heard an AA speaker named Dawn. I remember her well from very early in my recovery. She was at a camping trip that I attended which was organized by AA. As the newcomer, and an Al-Anon to boot, I felt extremely uncomfortable there. Why did I even agree to go for an entire weekend with these people I hardly even knew? Dawn went out of her way to make me feel welcomed. I can't even remember today what exactly her actions were, small things I'm sure—a smile, a hug. She helped me a lot. In her talk, I listened for her sobriety date. She came into the program about a year before me.

When I was at the end of my rope, I confided in a trusted coworker that I wanted to get divorced. I had picked this woman to share with because I knew she had gotten divorced. As an extremely untreated Al-Anon, I was seeking guidance as to how to get rid of this guy. My whole life, I have practiced the fine sick art of “making it look good.” After she got over the shock of finding out my marriage wasn't perfect, she asked me what had happened. I told her my husband was an alcoholic and I wanted out! She calmly responded, “Annemarie, I'm an alcoholic. I've been in AA for six months and have you tried Al-Anon?” The next day she gave me an Al-Anon newcomer packet and I was on my way.

I can't tell you how much this person with just six months in the program helped me back then. We'd eat lunch together at work and I'd tell her all my woes. Tears of gratitude always come to me when I think back on her loving patience and kindness.

Some of us have a lot of time in the program, some of us are quite new. We all have something to offer. If I've been around for awhile, maybe it's time for me to step up to that service position I've been asked to pray about. Maybe I could offer a newcomer my phone number. Even just simply showing up at my meetings is a help. When I was new, it was a great comfort to me to see the same faces each week. It continues to be, even today. I don't need much time at all to greet the newest newcomer with a warm smile. If all I have are tears, that's OK too. This is an honest program. I don't need to hide my tears anymore. I can nod at the newcomer in

welcome and continue right on crying. They might think I'm weird, but my efforts to extend the loving hand of the fellowship will somehow be communicated. God will see to that.

How much time do I need in the program to be of help to someone? Gee, not much time at all.

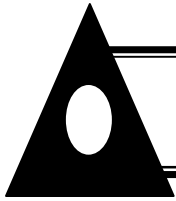


WHEN WE CAME TO AL-ANON

BY: SHIRLEY B. & TOM B.

We crept in as strangers
Crippled with pain
We bared our souls
Hoping to gain
Comfort and counsel
Support and peace,
Little we knew
That would be the least.
We found all that
And caring too,
We found a new family
With every one of you.
Thank You!!!





SERVICE CENTER HIGHLIGHTS

BY: LINDA D.

Autumn is full-blown, summer has passed and winter is fast approaching. As the seasons pass, I am reminded that the path to serenity lies within me. I so easily become distracted by my fears and regrets that I fail to enjoy the present. Al-Anon reminds me to “Keep It Simple” and keep the focus on myself and today. This present moment is really all I have any time to do anything with.



VOLUNTEER CORNER

The Service Center has been blessed with many willing volunteers! Thank you all for continuing to share your time and talents at the Service Center.

Welcome to Liz S. our newest office volunteer. Liz volunteers on some Saturdays and Monday evenings. Thanks Liz for stepping up.

The volunteer calendar listed below shows several vacancies.

Please consider volunteering for these important time slots at the Service Center. If no one fills the slots, the Service Center will be closed at those times. Please call Tracy A. at (414) 704-0769 or Linda at (414) 257-2415 for information on volunteering at the Service Center. The times are flexible and no experience is required. Training will be provided, and no set commitment is necessary. We are grateful for any help you can give the Service Center.

Mon	Tues	Wed	Thurs	Fri	Sat
			1 Closed	2 10:00 am – 1:00 pm Vacant 1:00 pm – 4:00 pm Erika S.	3 9:00 am – noon Mary B.K.
5 10:00 am – 1:00 pm Kathy G. 1:00 pm – 4:00 pm Vacant 4:00 pm – 7:30 pm Stephanie D.	6 Closed	7 10:00 am – 1:00 pm Beverly S. 1:00 pm – 4:00 pm Susan K.	8 Closed	9 10:00 am – 1:00 pm Vacant 1:00 pm – 4:00 pm Erika S.	10 9:00 am – noon Mary S.
12 10:00 am – 1:00 pm Jean G. 1:00 pm – 4:00 pm Vacant 4:00 pm – 7:30 pm Tim G.	13 Closed	14 10:00 am – 1:00 pm Mary K. 1:00 pm – 4:00 pm Vacant	15 Closed	16 10:00 am – 1:00 pm Ruth H. 1:00 pm – 4:00 pm Pat M.	17 9:00 am – noon Cate M.
19 10:00 am – 1:00 pm Vacant 1:00 pm – 4:00 pm Vacant 4:00 pm – 7:30 pm Vacant	20 Closed	21 10:00 am – 1:00 pm Carole E. 1:00 pm – 4:00 pm Susan K.	22 Closed 6:30 PM Service Board Meeting	23 10:00 am – 1:00 pm Vacant 1:00 pm – 4:00 pm Pat M.	24 9:00 am – noon Vacant
26 10:00 am – 1:00 pm Vacant 1:00 pm – 4:00 pm Dolores W. 4:00 pm – 7:30 pm Judy D.	27 Closed	28 10:00 am – 1:00 pm Annie W. 1:00 pm – 4:00 pm Vacant	29 Closed	30 10:00 am – 1:00 pm Vacant 1:00 pm – 4:00 pm Vacant	31 9:00 am – noon Denise M.

Al-Anon Alive Newsletter

OPEN MEETING FRIENDS OF LOIS

OCTOBER 29, 2009
THURSDAY

7:00 P.M.

LOCATION
Martin Lutheran Church
9235 W. Bluemound Road
Milwaukee, WI

SPEAKERS
Al-Anon: Amy G.
AA: Jeff L.

OPEN MEETING THURSDAY AFTERNOON DISCUSSION GROUP

DECEMBER 10, 2009
THURSDAY

12:30 P.M.

Pot Luck Lunch
Bring a dish to pass.

Speaker: TBA

LOCATION
Gloria Dei Lutheran Church
(rear entrance)
W180 N7863 Town Hall Road
Menomonee Falls, WI

2ND ANNUAL "AA AT THE VA" MINI-CONFERENCE

OCTOBER 10, 2009
8:30 a.m. - 5:00 p.m.

LOCATION
Clement J. Zablocki VA Medical Center
5000 W. National Avenue
(Park in East parking lot & enter hospital at East doors)
Milwaukee, WI 53295

PIZZA PARTY & ENTERTAINMENT TO FOLLOW
5:00 p.m. – 8:00 p.m.

Early Registration Available through September 25th

MAIL BELOW REGISTRATION FORM TO:

AA at the VA Mini-Conference
% Tim McCormick
5000 W. National Avenue
Milwaukee, WI 53295

Print Name: _____

Address: _____

City: _____ **State:** ____ **Zip:** _____

Phone: _____ **AA:** ____ **Al-Anon:** ____

Special Needs: _____

Number Attending: ____
\$10.00 per Registrant: \$ _____

Bill W. Scholarship Fund Donation
(\$10.00 suggested amount): \$ _____

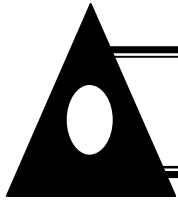
Total Amount Enclosed: \$ _____

(Make checks payable to: "AA at the VA")

On-site registration available at 8:00 a.m.

DIRECTIONS

Out of town attendees follow the highway directions for the Miller Parkway South (Stadium area). Drive the parkway to the end. Take a right onto National Avenue, travel approximately one block.



2009 ILLINOIS AFG STATE ASSEMBLY

OCTOBER 23-25, 2009

Hosted by: Illinois North (NIAFG)

LOCATION

Crowne Plaza Chicago O'Hare
5440 North River Road
Rosemont, IL
800.843.6323

PROGRAM

4 SPEAKER MEETINGS

(Three Al-Anon, one Alateen, & two AA speakers)

AL-ANON

"Embracing the Legacies"

AL-ANON & AA

"Welcoming and Working with New Members"

ALATEEN/YOUNG PEOPLE IN AA

"Getting a Jump Start on Recovery"

AL-ANON & AA

"Recovery in Relationships"

ADDITIONAL RECOVERY OPPORTUNITIES

Saturday Banquet
Skits
Dance
Ice Cream Social
Dozens of Topic Meetings
and More

FLYERS AVAILABLE

Visit the website: <http://www.niafg.org>
(Click: "Event" tab, go to Oct. 23 "click here")

CALL FOR MORE INFORMATION

Laurie C. (Al-Anon): 630.736.2933
Candace R. (AA): 847.791.8120
Darcie F. (Alateen): 630.408.5668

DISTRICT 3 FUNDRAISER

OCTOBER 31, 2009
SATURDAY

OPEN MEETING AND BRUNCH

Hosted by: Key to Serenity

LOCATION

Lake Park Lutheran Church
2647 N. Stowell Avenue
(Corner of Park & Stowell)
Milwaukee, WI

SCHEDULE

Doors Open: 9:30 a.m.
Speakers: 10:00 a.m.

SPEAKERS

Al-Anon: Andrea Z.
AA: Matt Z.

Fun, Fellowship, and Food

DISTRICT 2
FREE WORKSHOP

OCTOBER 24, 2009

9:00 A.M. – 2:30 P.M.

"DISCOVERING CHOICES"
ALCOHOLISM & RELATIONSHIPS

LOCATION

Summit Place
6737 W. Washington Avenue
(1st floor conference room)
West Allis, WI 53214

Pot Luck Lunch
Bring a dish to pass.

For flyer: www.alanon-wi.org
(Under event tab)

ALATEEN AWARENESS

POTLUCK, OPEN MEETING, & HALLOWEEN DANCE

**SATURDAY, OCTOBER 24, 2009
6:00 P.M.**



Event Schedule

6:00 p.m. Potluck Dinner
(Bring a dish to pass)

7:00 p.m. Open Speaker Meeting & Panel
(Alateens & Alateen Sponsors)

9:30 p.m. Dance (Costume optional)
Dance: \$5.00

PANEL TOPICS

Suicide
Depression
Self Acceptance

**CONTACT
INFORMATION**
MARY V.V.
262.567.7306

SPEAKERS

Alateen Speaker: Ashley J.
Al-Anon Speaker: Tim C.
AA Speaker: Ron V.V.

LOCATION

Lake Area Club
N60 W35878 Lake Drive
Oconomowoc, WI 53066

From Milwaukee, Hwy 16 West to Hwy P North, Right on Hwy Z
(Lake Drive)

AL-ANON RECOVERY DINNER

SATURDAY, OCTOBER 17, 2009

Fund-Raiser

SE Wisconsin Al-Anon Service Office

Help keep the doors open.
414.257.2415

LOCATION

St Mary's Parish
225 S. Hartwell Avenue
Waukesha, WI



EVENT SCHEDULE

- 4:30 p.m. Door Opens
- 5:00 p.m. Dinner
- 7:00 p.m. Speakers
- All evening: Drawings

SPEAKERS

Al-Anon: Susanne M. (Madison)
AA: Jon C. (Madison)
Alateen: TBA

(Babysitting available during the speakers)

DINNER:

SPAGHETTI PLUS THE FIX'ENS
\$6.00

(DINNER TICKETS AVAILABLE UNTIL OCTOBER 1, 2009)

**AL-ANON DISTRICT 18
OPEN FALL EVENT**

Saturday, November 14, 2009

9:30 A.M. - 11:45 A.M.

9:15 A.M.: Fellowship/Brunch
(Bring a brunch item to share)

LOCATION

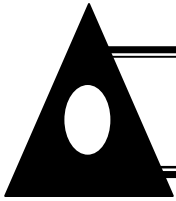
Menomonee Falls Public Library
(Youth Room Children Section)
W156 N8436 Pilgrim Road
(Just North of Appleton Avenue)
Menomonee Falls, WI

PANELS

Retreads
Al-Anon Relapse
I'm Back...

CONTACT INFORMATION

If interested in being on a
panel or helping out . . .
Call Clarine: 262-993-8050



SUBSCRIBE TO THE "AL-ANON ALIVE NEWSLETTER"

Keep in touch with the 9-county service area by reading the newsletter every month.

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

- Individual Subscription
- Group Subscription
Group name: _____
- New Subscription
- Renewing Subscription

- \$15.00 (1 Year Subscription)
- \$27.00 (2 Year Subscription)
- \$27.00 (1 Year Subscription with 2 copies)

Make checks payable to: AFG of S.E. Wisconsin
Mail or drop off at: Al-Anon Service Center, 6737 W. Washington Avenue, Ste. 2125, West Allis, WI 53214

SUBMITTING ARTICLES TO THE AL-ANON ALIVE NEWSLETTER"

All articles should be submitted by the 15th of the month in order to appear in the following month's newsletter. Articles should be in Word document format. The article can be e-mailed to Ann at: alive_editor@yahoo.com

If you don't have access to a computer, please feel free to handwrite you articles and mail or drop them off at the Al-Anon Service Center at 6737 W. Washington Street, Suite 2125, West Allis, WI 53214. The Service Center will get the articles to Ann.

Call Ann at 414.771.3166 with any questions.

AL-ANON GROUP DONATION FORM

Support your Al-Anon Family Group (AFG) of S.E. Wisconsin Service Center

Group Name: _____

Donation Amount: _____

Make checks payable to: AFG of S.E. Wisconsin
Mail or drop off at: Al-Anon Service Center, 6737 W. Washington Avenue, Suite 2125, West Allis, WI 53214.