

SUBSCRIBE TO THE "AL-ANON ALIVE NEWSLETTER"

Keep in touch with the 9-county service area by reading the newsletter every month.

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

- Individual Subscription
- Group Subscription
Group name: _____
- New Subscription
- Renewing Subscription

- \$15.00 (1 Year Subscription)
- \$27.00 (2 Year Subscription)
- \$27.00 (1 Year Subscription with 2 copies)

Make checks payable to: AFG of S.E. Wisconsin
Mail or drop off at: Al-Anon Service Center, 6737 W. Washington Avenue, Ste. 2125, West Allis, WI 53214

SUBMITTING ARTICLES TO THE AL-ANON ALIVE NEWSLETTER"

All articles should be submitted by the 15th of the month in order to appear in the following month's newsletter. Articles should be in Word document format. The article can be e-mailed to Ann at: alive_editor@yahoo.com

If you don't have access to a computer, please feel free to hand write you article on paper and mail or drop it off at the Al-Anon Service Center at 6737 W. Washington Street, Suite 2125, West Allis, WI 53214. The Service Center will then mail the articles to Ann.

Call Ann at 414.771.3166 with anv questions.

AL-ANON GROUP DONATION FORM

Support your Al-Anon Family Group (AFG) of S.E. Wisconsin Service Center

Group Name: _____

Donation Amount: _____

Make checks payable to: AFG of S.E. Wisconsin
Mail or drop off at: Al-Anon Service Center, 6737 W. Washington Avenue, Suite 2125, West Allis, WI 53214.

**FIRST ANNUAL
FRIENDS OF LOIS WILSON
WOMAN'S RETREAT**

OCTOBER 2-4, 2009

"Principled Relationships"

LOCATION

Camp Whitcomb
W294 N8436 Camp Whitcomb Road
Hartland, WI 53029
(262.538.1190)

\$115. Includes:

- 2 night stay
- Friday Pizza Dinner
- Saturday Breakfast, Lunch & Dinner
- Sunday Breakfast
- Ice Cream Social, Snacks
- Coffee, Water & Soda
- Spiritual Surprises

Payment Due: September 1, 2009

Checks payable to: FLWWR
 Send to: Judy Ti (Co-Chair & Treasurer)
 2176 N 66th Street
 Wauwatosa, WI 53213
 Judy Th: 414.559.8786
 Judy Ti: 414.899.3549

AL-ANON RECOVERY DINNER

SATURDAY, OCTOBER 17, 2009

Fund-Raiser
 SE Wisconsin Al-Anon Service Office
 Help keep the doors open.
 414.257.2415

LOCATION

St Mary's Parish
 225 S. Hartwell Avenue
 Waukesha, WI



Evening Schedule

- Door Opens: 4:30 p.m.
- Dinner: 5:00 p.m.
- Speakers: 7:00 p.m.
- Drawings: all evening

Speakers

Al-Anon: Susanne M. (Madison)
 AA: Jon C. (Madison)
 Alateen: TBA

(Babysitting available during the speakers)

DINNER:

SPAGHETTI PLUS THE FIX'ENS
 \$5.00

(DINNER TICKETS AVAILABLE UNTIL OCTOBER 1, 2009)



**ALATEEN AWARENESS
 POTLUCK, OPEN MEETING & HALLOWEEN DANCE**

CONTACT INFORMATION
 MARY V.V.
 262.567.7306

**SATURDAY, OCTOBER 24, 2009
 6:00 P.M.**

Evening Schedule

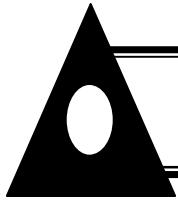
- 6:00 p.m. Potluck Dinner
(Bring a dish to pass)
- 7:00 p.m. Open Speaker Meeting & Panel
(Alateens & Alateen Sponsors)
- Alateen Speaker: Ashley J.
- 9:30 p.m. Dance
Dance: \$5.00

PANEL TOPICS

- Self mutilation
- Suicide
- Depression
- Loving Yourself
- Acceptance
- Body Art
- Asking for Help
- Divorce
- Communication & more

Location

Lake Area Club
 N60 W35878 Lake Drive
 Oconomowoc, WI 53066
 From Milwaukee, Hwy 16 West to Hwy
 P North, Right on Hwy Z (Lake Drive)



2009 ILLINOIS AFG STATE ASSEMBLY

OCTOBER 23-25, 2009

Hosted by: Illinois North (NIAFG)

LOCATION

Crowne Plaza Chicago O'Hare
5440 North River Road
Rosemont, IL
800.843.6323

PROGRAM

4 SPEAKER MEETINGS

(Three Al-Anon, one Alateen, & two AA speakers)

AL-ANON PANEL

"Embracing the Legacies"

AL-ANON & AA PANEL

"Welcoming and Working with New Members"

ALATEEN & AA PANEL

"Getting a Jump Start on Recovery"

AL-ANON & AA PANEL

"Recovery in Relationships"

ADDITIONAL RECOVERY OPPORTUNITIES

Saturday Banquet
Skits
Dance
Ice Cream Social
Dozens of Topic Meetings
and More

FLYERS AVAILABLE

Visit the website: <http://www.niafg.org>
(Click: "Event" tab, go to Oct. 23 "click here")

CALL FOR MORE INFORMATION

Laurie C. (Al-Anon): 630.736.2933
Candace R. (AA): 847.791.8120
Darcie F. (Alateen): 630.408.5668

AREA 61 FALL ASSEMBLY

SEPTEMBER 25 - 27, 2009

Hosted by: District 2 and District 6

LOCATION

Hotel Mead
451 E. Grand Avenue
Wisconsin Rapids, WI
800.843.6323

THEME

Embracing the Legacies
Our Spiritual Bridge to Expand the Future
(AL-ANON, ALATEEN, AA, AND SPANISH SPEAKING PANELS)

FLYERS AVAILABLE

Visit the website: <http://www.alanon-wi.org>
(UNDER THE EVENTS TAB FIND A COPY OF THE FLYER.)

AL-ANON INFORMATION

888.425.2666

**DISTRICT 2
FREE WORKSHOP**

OCTOBER 24, 2009

9:00 A.M. – 2:30 P.M.

**"DISCOVERING CHOICES"
ALCOHOLISM & RELATIONSHIPS**

LOCATION

Summit Place
6737 W. Washington Avenue
(1st floor conference room)
West Allis, WI 53214

Pot Luck Lunch
Bring a dish to pass.

For flyer: www.alanon-wi.org
(Under event tab)

Al-Anon Alive Newsletter

GROUP MAILING ADDRESS

Is your group getting mail from the World Service Office (WSO), Area 61, and Service Center? Check with your group's secretary and determine if WSO has your group's mailing address. To notify WSO of a new group or of changes (location, time etc.) to an existing group, call WSO at 757.563.1600 or go to: www.al-anon.alateen.org and download a Group Records Change Form (GR-1).

To notify the Service Center, call 414.257.2415 or e-mail: alanon@alanon-wi.org. During each group's anniversary month, the Service Center sends the group an Annual Registration Packet. The packet helps keep the group's meeting information current for newcomers and helps the group receive important Al-Anon information.

12 STEPPERS OPEN AL-ANON MEETING

SEPTEMBER 3, 2009
7:00 - 8:00 p.m.

LOCATION

Brookfield Presbyterian Church
1485 N. Brookfield Road
(Located on the corner of Brookfield Rd. & Bennington)
(Lower Level)
Brookfield, WI

SPEAKERS

Al-Anon: Jeff M.
AA: Maureen L.

BABYSITTING AVAILABLE

JOIN US FOR SNACKS & FELLOWSHIP AFTERWARDS

SLINGER MONDAY NIGHT OPEN MEETING

"FALLING AWAY FROM INSANITY"

SEPTEMBER 21, 2009
6:30 p.m. Doors open
7:15 p.m. Meeting Begins

LOCATION

St. Luke's Church
4860 Arthur Road
Slinger, WI

SPEAKERS

Al-Anon: Pat N.
AA: Scott H.

2ND ANNUAL "AA AT THE VA" MINI-CONFERENCE

OCTOBER 10, 2009
8:30 a.m. - 5:00 p.m.

LOCATION

Clement J. Zablocki VA Medical Center
5000 W. National Avenue
(Park in East parking lot & enter hospital at East doors)
Milwaukee, WI 53295

PIZZA PARTY & ENTERTAINMENT TO FOLLOW
5:00 p.m. – 8:00 p.m.

Early Registration Available through September 25th

MAIL BELOW REGISTRATION FORM TO:

AA at the VA Mini-Conference
% Tim McCormick
5000 W. National Avenue
Milwaukee, WI 53295

Print Name: _____

Address: _____

City: _____ **State:** ____ **Zip:** _____

Phone: _____ **AA:** ____ **Al-Anon:** ____

Special Needs: _____

Number Attending: ____
\$10.00 per Registrant: \$ _____

Bill W. Scholarship Fund Donation
(\$10.00 suggested amount): \$ _____

Total Amount Enclosed: \$ _____

(Make checks payable to: "AA at the VA")

On-site registration available at 8:00 a.m.

DIRECTIONS

Out of town attendees follow the highway directions for the Miller Parkway South (Stadium area). Drive the parkway to the end. Take a right onto National Avenue, travel approximately one block.

FISCAL YEAR INCOME/EXPENSE

6/1/08 through 5/31/09

BY: FE P.

INCOME

Uncategorized	18.95
2008 Midlake Income	542.00
2008 Recovery Dinner Income	3,190.75
2009 Midlake Income	70.00
2009 Snow Ball Income	8,089.09
Bank Interest	63.71
Coffee and Soda	58.70
Donations	20,237.79
Literature Purchase	69,220.87
Medallions	246.00
Miscellaneous Income	66.61
Savings Transfer	1,000.00
Subscriptions	<u>224.00</u>
TOTAL INCOME	103,028.47

EXPENSES

Uncategorized	35.35
2008 Midlake Expense	412.00
2008 Recovery Dinner Expense	1,379.84
2009 Snow Ball Expense	3,598.20
2010 Snow Ball Expense	100.00
Area Liaison	144.82
Bank Debit	30.00
Bank Fee	116.05
Bulk Mail	404.58
Business Insurance Policy	698.00
Coffee for meeting	112.00
Computer Expense	935.79
Institutions Expense	246.29
Literature Refund	82.04
Miscellaneous Expense	20.05
Office Supplies	1,072.65
Payroll	17,853.59
Postage and Delivery	3,788.76
Printing and Reproduction	4,346.73
Purchase Literature	51,726.26
Purchase Medallions	185.61
Rent-Office	11,370.68
Tax, Business	225.00
Tax, Payroll	4,448.84
Utilities, Bus	<u>2,935.73</u>
TOTAL EXPENSES	106,268.86

OVERALL TOTAL	-3,240.39 *
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GROUP DONATIONS & INCOME/EXPENSES

7/1/09 through 7/31/09

BY: FE P.

GROUP DONATIONS:

Unclassified Transactions	133.13
Brookfield Courage to Change	76.46
Brown Deer Monday Night	20.00
Eastside Monday Night	61.69
Enlightenment	25.00
First Things First	32.00
Fox Point Monday Night	35.00
Franklin Serenity	289.75
Friends of Lois	85.50
Good Hope Thursday Night	20.00
Gratitude Cudahy	35.00
Gratitude Elm Grove	66.75
Harbor Family	25.00
Hopefuls	30.00
How To Club	43.52
Intergroup	43.05
Into Action	120.00
Monday Morning Burlington	34.00
No Saints	50.30
Northwest Alano Club Open Mtg	672.00
Pass It on Club	103.00
Pewaukee Serenity	313.00
Renewal	134.17
Sharing ACOA	50.00
Slinger Monday Night	40.00
Staying Alive	100.00
Steps of Hope	10.25
Sunday Morning AFG	84.36
Sunday Morning Pass It On	80.00
Sunday Night Surrender	117.00
Thursday Afternoon Discussion	30.00
Tuesday A.M. Oconomowoc	94.00
Tuesday Night Hales Corners	34.00
Twelve Steppers	110.00
Unknown Group	58.41
Wednesday Night Changed Attitude	<u>15.00</u>
OVERALL TOTAL	3,271.34

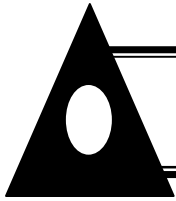
INCOME

2009 Bucket of Gratitude Income	79.00
Coffee & Soda	5.00
Donations	3,271.34
Literature Purchase	6,425.99
Medallions	8.00
Miscellaneous Income	<u>54.75</u>
TOTAL INCOME	9,844.08

EXPENSES

Bulk Mailing	24.16
Coffee for Meetings	28.00
Literature Refund	18.22
Office Supplies	231.73
Payroll	2,144.37
Postage and Delivery	374.51
Previous Fiscal Year	55.00
Printing and Reproduction	279.68
Purchase Literature	6,289.29
Rent-Office	961.23
Tax, Payroll	883.20
Utilities, Bus	<u>236.92</u>
TOTAL EXPENSES	11,526.31

OVERALL TOTAL	-1,682.23 *
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SERVICE CENTER HIGHLIGHTS

BY: LINDA D.

September signals Autumn Harvest and Back to School. In Al-Anon, I can harvest the riches of the program each day. My daily readers, The Forum magazine, and other conference approved literature (CAL) provide me with a continuing education in the Al-Anon program. My classmates are my Al-Anon friends. The test is how I apply my program to my daily life. There is no graduation. I recall being told, "We will gladly refund your misery at the door" if I would choose to quit the program. Al-Anon is a self-help program: I get what I put into it.



VOLUNTEER CORNER

The Service Center has been blessed with many willing volunteers! Thank you all for continuing to share your time and talents at the Service Center.

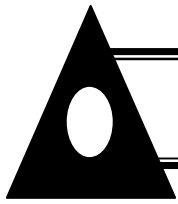
Welcome to Terry H., our newest office volunteer and welcome back to Karen P. Thank you for volunteering!

The volunteer calendar listed below shows several vacancies. We are especially in need of volunteers for:

**2nd Saturday of every month
9:00 a.m. - noon**

Please consider volunteering for these important time slots at the Service Center. If no one fills the slots, the Service Center will be closed at those times. Please call Tracy A. at (414) 704-0769 or Linda at (414) 257-2415 for information on volunteering at the Service Center. The times are flexible and no experience is required. Training will be provided, and no set commitment is necessary. We are grateful for any help you can give the Service Center.

Mon	Tues	Wed	Thurs	Fri	Sat
	1 Closed	2 10:00 am – 1:00 pm Beverly S. 1:00 pm – 4:00 pm Susan K.	3 Closed	4 10:00 am – 1:00 pm Vacant 1:00 pm – 4:00 pm Vacant	5 9:00 am – noon Closed for Labor Day
7 Closed For Labor Day	8 Closed	9 10:00 am – 1:00 pm Mary K. 1:00 pm – 4:00 pm Vacant	10 Closed	11 10:00 am – 1:00 pm Vacant 1:00 pm – 4:00 pm Erika S.	12 9:00 am – noon Vacant
14 10:00 am – 1:00 pm Jean G. 1:00 pm – 4:00 pm Vacant 4:00 pm – 7:30 pm Vacant	15 Closed	16 10:00 am – 1:00 pm Carole E. 1:00 pm – 4:00 pm Susan K.	17 Closed	18 10:00 am – 1:00 pm Ruth H. 1:00 pm – 4:00 pm Pat M.	19 9:00 am – noon Cate M.
21 10:00 am – 1:00 pm Jean G. 1:00 pm – 4:00 pm Vacant 4:00 pm – 7:30 pm Vacant	22 Closed	23 10:00 am – 1:00 pm Annie W. 1:00 pm – 4:00 pm Vacant	24 Closed 7:00 PM Intergroup Meeting	25 10:00 am – 1:00 pm Vacant 1:00 pm – 4:00 pm Pat M.	26 9:00 am – noon Vacant
28 10:00 am – 1:00 pm Vacant 1:00 pm – 4:00 pm Dolores W. 4:00 pm – 7:30 pm Judy D.	29 Closed	30 10:00 am – 1:00 pm Vacant 1:00 pm – 4:00 pm Vacant			



WHEN I GAINED PERSPECTIVE, I FOUND RESPECT

BY: ROBERT C.

I thought that the world was crashing down around me. I was desperate and unhappy. I had just found the love of my life, and she was also my first up close experience with alcoholism. I was preparing to make major changes in my life, for us to start our life together. I couldn't understand why she was doing this to herself and me. I started questioning everything about our relationship, our love, and my choices. I became angry and untrusting, I was hardest on myself. Before meeting the alcoholic who is my wife, I had built a very safe life; I had a great job, a house, a comfortable existence. I could not understand what wrong turns I had taken that had led me to consider an alcoholic marriage.

When my fiancé went into treatment after her second arrest, I went with her. I learned about the disease of alcoholism, how it can affect the brain, how it has been linked to chemical dependency reactions in human brain chemistry, how it is a family disease. I thought that knowledge would be a power that I could possess, and that my education would tell me what to do next. I would learn how not to make the same mistakes that I had in the past, I would find out how I had missed the warning signs, I would prepare myself for life with an alcoholic wife. Boy was I wrong! Even though I knew more, I did not know myself better, and I made no attempt to understand what my wife was going through. I equated disease with clinical treatment, and I had yet to learn what it meant that "alcoholism is a family disease," even though I commented at more than one therapy session that "alcoholism was a family disease, and I now know it is contagious." It wasn't that I had begun drinking, but that the disease was as much mine to deal with as the alcoholic's.

My wife immediately began working her AA program, but it took me almost a year to begin working with an Al-Anon group. I went to a few meetings at first, but it wasn't until my lack of progress put a strain on my marriage that I began really trying to work the program. I saw some recovery in my wife through her AA program, and I wanted some for myself. In Al-Anon I found people like me, others who were ready to share their experience, strength, and hope at a meeting, over the phone, or over a cup of coffee. I found out that my situation was far from unique, and that there is always hope. I stopped looking for my mistakes, and started looking for ways I could

improve my behavior. I found that my attitudes could "aid" someone else's recovery – not force it - not guarantee it, but assist it. All of this could make a huge difference in the quality of my life, and my ability to enjoy the wealth of blessings that my higher power makes available for my enjoyment, if I learn to recognize them.

When I put alcoholism into its proper place in my life, things began to change for the better. Some days, then most days, I stopped questioning every decision I had made over the last five years. I started identifying resentments that had very little to do with the disease, but everything to do with my own definitions of insult and shame. I began to look at personal conflicts as an opportunity to exercise the skills I learned in Al-Anon. I started to trust my higher power in ways that I had not before. I had learned at first to trust God to run the "big" things; sticking with the alcoholic, getting married, relocating cross country to be near my wife's children from her first marriage, quitting my job, relocating my career to a new state, waiting to have more children, and showing me how to make moral decisions. It wasn't until I learned to trust that higher power in the "small" things that I began to glimpse serenity. I turned over my personal affront at our kids' stepmother's treatment of them, I stopped thinking that every wrong demanded a justice that I should mete out, and I stopped waiting for my wife to have a relapse. I began trusting others, I began enjoying life, and I began trusting myself again. I gained the perspective of understanding that alcoholism is a disease, which would affect my family every day of our lives, but that it need not monopolize our relationships and not every decision I had made in the last five years was a mistake. I stopped blaming myself for, well...everything. I learned to show myself the same respect that I showed others.

Today I laugh more, stay angry for less time, let my higher power handle his job, and stick to doing trying to make wise choices myself. I have the Al-Anon family groups and program to thank for showing me how to do that. I lean on Al-Anon, and we support each other.



ALATEEN SPONSORSHIP TRAINING

**OCTOBER 10, 2009
JANUARY 23, 2010
APRIL 24, 2010
JULY 24, 2010**

10:00 A.M. – 11:00 A.M.

LOCATION

Al-Anon Service Center
6737 W. Washington Avenue
West Allis, WI 53214

Alateen sponsors are required by WSO and Area 61 to complete a training session and background check in order to be certified. The necessary forms including the fingerprint cards will be available at the training session.

For further details, please call Pat S., Alateen Coordinator, at 414.529.5086 or e-mail her at: patschroeder1948@yahoo.com

We look forward to hearing from you!

**“AL-ANON ALIVE”
NEEDS YOUR ARTICLES**

In the past the newsletter printed only Al-Anon service articles. Today “Al-Anon Alive” prints all Al-Anon related articles.

Submit your article by the 15th of the month to appear in the following month’s newsletter. If received after the 15th of the month, it will appear in a newsletter but it may be the following newsletter. Articles should be in Word document format. The article can be e-mailed to Ann at: alive_editor@yahoo.com

If you don’t have access to a computer, please feel free to hand write you article and mail or drop it off at the Al-Anon Service Center at 6737 W. Washington Street, Suite 2125, West Allis, WI 53214. The Service Center will then mail the articles to Ann.



WE GET TO CHOOSE

By: ANN M.

I received an e-mail from a friend, who received it from a friend, who received it from a friend. The story goes something like this.

An adult daughter was upset with life. She told her mother life wasn’t worth all the struggle. It seemed one thing would be solved and then something else would go wrong.

The mother invited her into the kitchen where the mother proceeded to boil three pots of water. In the first pan she put carrots, in the second she put eggs, and in third she put coffee beans.

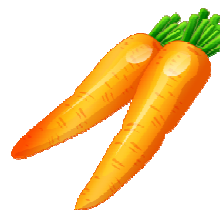
After about 20 minutes, the mother asked her daughter to observe each of the pans. The carrots had turned soft, the eggs had turned hard, and the coffee beans had turned into coffee. “What does this mean?” asked the daughter.

The mother explained each item had faced the same adversary, boiling water, and yet each handled it in a different way.

We humans have a choice of how we handle difficulties. We can start out like the carrot by being hard and strong but after some difficulties; we can become soft and weak. We can begin like the egg with a soft flowing heart but turn hard and stiff inside. Or we can be like the coffee bean and use difficulties to help us grow and change for the better.

The program teaches us that we can not control life. Like the bumper sticker says “Shit Happens.” What we can control is how we handle those circumstances.

When we were born, we were crying and everyone around us was smiling. Today, we can live life so when we die we are smiling and everyone around us is crying.





“ELECTRONIC” MEETINGS

ON-LINE MEETINGS

Current list of registered electronic meetings is available at:
www.al-anon.alateen.org/meetings/meetings.html

Click: Link at bottom of page & enter your e-mail address

- You'll receive another link to the list.
- Please use WSO list to be sure the meetings are registered

TELEPHONE MEETINGS

Phone: 1.712.432.8733

(Access Code: 52639#)

www.geocities.com/alanonphonemeetings

Spanish Speaking Al-Anon Phone

1.218.486.8700

(Access Code: 32106#)

MEETING SPACE AVAILABLE

TRINITY UNITED METHODIST CHURCH

308 Oneida Street

Beaver Dam, WI 53916

Call Pastor Mark S. at 920.887.7211

ALANO CLUB

1521 N. Prospect Avenue

Milwaukee, WI 53202

Call Mark at 414.287.9102

LOVE OF GOD CATHEDRAL

818 W. St. Paul Street

Waukesha, WI 53188

Call Craig at 414.430.0888

AL-ANON BOOKS, PAMPHLETS, BOOK COVERS, MEDALLIONS ETC.

The Al-Anon Service Center at 6737 W. Washington Street, Suite 2125, West Allis, WI 53214 has available for purchase the various Al-Anon books, pamphlets, book covers, and medallions. The updated “pink” meeting directory is also available at the Service Center for \$.75.

The new butterfly, serenity prayer, bronze medallions are now available at the Service Center for \$2.00. The Al-Anon anniversary medallions from one month to 30 years are also available for \$2.00.

Book covers are available for the small daily readers for \$2.00 and book covers for the larger size books are \$2.50. Please all the Service Center at 414.257.2415 with any questions.

Fabric is available, if you would be interested making book covers.

VOLUNTEER CORNER

Here is the Very Important Volunteers (VIV) list. We want to recognize everyone and thank you very much for supporting the Service Center. The Service Center could not operate without your assistance.

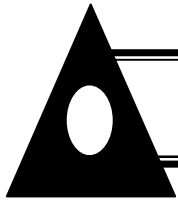
(Indicates these volunteers worked more than once in a given month.)*

Mary K.
Stephanie D.
Beverly S.
Pat M.

Susan K.*
Cate M.
Jean G..
Judy D.

Marcy A.
Carole E.
Ruth H.
Dolores W.

Terry H*.
Annie W.



DIRECTORY CHANGES

MONDAYS

(NEW MEETING LOCATION)

9:30 A.M. – 11:00 A.M.

“Monday Morning Burlington AFG”
St. John’s Church

216 E. Chandler Boulevard
(On the triangle of Chandler, Edward and Perkins)
(No smoking)

Burlington, WI 53105

TUESDAYS

(NEW TIME)

7:00 P.M.

“Land of Oz Alateen”
Advent Lutheran Church
W63 N642 Washington St.
Cedarburg, WI 53012

TUESDAYS

(NEW TIME)

7:00 P.M.

“Land of Oz Alateen”
Advent Lutheran Church
W63 N642 Washington St.
Cedarburg, WI 53012

THURSDAY

(NEW TIME)

6:00 P.M.

“Gratitude Cudahy Thursday AFG”
Nativity of the Lord Church
33658 E. Plankinton Avenue
Cudahy, WI

THURSDAY

(NEW LOCATION)

10:00 A.M.

“Into Action AFG”
Ascension Lutheran Church
1415 Dopp Street
(Main entrance, first floor)
Waukesha, WI 53188

SERVICE BOARD MEETINGS

**4TH THURSDAY OF EVERY EVEN-NUMBERED MONTH
6:30 P.M.**

Al-Anon Service Center at Summit Place
Conference Room #2218
6737 W. Washington St.
West Allis, WI 53214

The chair and assistant chair positions are for one year. However, after serving the one year assistant chair position that person automatically serves the following year as chair. The other board positions are for two-year terms. The prerequisites for becoming a Service Board member is to either have one year as an ISR or two years in Al-Anon with services at the group level.

UPCOMING MEETING DATES

October 22, 2009
December 18, 2009

SERVICE BOARD MEMBERS

Chairman:	Sandy G.	262.370.3161
Assistant Chair:	Robert C.	262.706.3000
Secretary:	Mary D.	414.444.2365
AA Liaison:	Amy P.	262.751.6963
“Al-Anon Alive” Editor:	Ann M.	414.771.3166
Alateen Coordinator:	Pat S.	414.529.5086
Alateen Liaison:	(vacant)	
Area Liaison:	Annemarie A.	414.571.0135
Institutions:	(vacant)	262.594.2114
Literature:	(vacant)	414.861.6382
Public Information:	(vacant)	
Treasurer:	Fe P.	262.650.1720
Volunteer Coordinator:	Tracy A.	414.704.0769
Ways & Means:	Chris B.	414.355.4568
Web Coordinator:	(vacant)	

If you are interested in filling an opening, or have questions about the Service Board, you may leave a message at 414.257.2415.

INTERGROUP MEETINGS

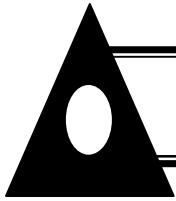
4TH THURSDAY OF EVERY ODD-NUMBERED MONTH
(Except November they meet on the 3RD Thursday)
7:00 P.M.

Al-Anon Service Center at Summit Place
Conference Room #2218
6737 W. Washington St.
West Allis, WI 53214

UPCOMING MEETING DATES

September 24, 2009
November 19, 2009

All Intergroup Service representatives (ISRs) and their alternates need to register with the Service Center to have voting privileges for their group. Call the Service Center at 414.257.2415 or e-mail: alanon@alanon-wi.org to register. Give your group’s name, your full name, mailing address, and phone number (e-mail is optional).



OPEN DISCUSSION MEETINGS

**SUNDAYS
7:00 P.M.**

Hales Corners Open Discussion
(Al-Anon with AA participation)
Emanuel Church
10627 W. Forest Home Avenue
Hales Corners, WI 53130

Al-Anon guidelines suggest if combined meetings are held, they should be used as supplements to regular Al-Anon meetings.



SPANISH SPOKEN MEETINGS

**MONDAYS
6:00 P.M.**

**THURSDAYS
6:00 P.M.**

**SATURDAYS
10:00 A.M.**

“Renacer AFG”
Nativity Jesuit Middle School
1515 S. 29th Street
Milwaukee, WI 53215

**WEDNESDAYS
10:00 A.M.**

**THURSDAYS
6:00 P.M.**

**SATURDAYS
10:00 A.M.**

“Solo Por Hoy AFG”
Ascension Lutheran Church Steam Chapel
1300 Layton Boulevard
(27th Street)
Milwaukee, WI 53215

**SATURDAYS
10:30 A.M.**

“Morning Solutions Alateen”
Bilingual Spanish and English
Nativity Jesuit Middle School
1515 S. 29th Street
Milwaukee, WI 53215

WANTED AL-ANON/ALATEEN MEETINGS

**COLUMBIA ST. MARY’S HOSPITAL
MEQUON WI**

Anyone interested in starting an Al-Anon meeting at the hospital, call the Service Center at 414.257.2415.

**HOUSE OF HOPE
WAUKESHA WOMEN’S SHELTER**

Anyone interested in starting an Al-Anon meeting at the shelter, call Denise Marisch at 414.688.6884 or e-mail: Denise.A.Marisch@fnis.com

Second Friday of the month from 6:00 pm to 7:00 p.m.
Al-Anon men are welcome.

**SOUTH MILWAUKEE/CUDAHY/
OAK CREEK/FRANKLIN AREA**

Anyone interested in starting a daytime (between 10:00 a.m. & 4:00 p.m.) Al-Anon meeting with childcare in the area, call Sally at 414.762.9712.

SOUTH MILWAUKEE HIGH SCHOOL

Anyone interested in starting an Alateen meeting, call Victor M. at 414.766.5815.

ALANO CLUB

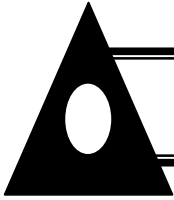
Anyone interested in starting an Alateen meeting at the club, call the Service Center at 414.257.2415.



FRAGRANCE FREE AL-ANON MEETINGS

Please avoid using scented products before coming to this meeting, including:

- Perfume, cologne or aftershave
- Scented deodorants, soaps or body wash
- Scented shampoos, hair conditions/spays
- Scented fabric softeners
- Body fragrance, fragranced body/hand lotions
- Other scented personal care products



MEETINGS OFFERING CHILDCARE

**SUNDAYS
6:30 P.M.**

“Living in the Solution AFG”
Unity Church
1717 N. 73rd Street
Milwaukee, WI 53213

**SUNDAYS
6:30 P.M.**

“Sunday Night Surrender AFG”
St. Johns Lutheran Church
20275 Davidson Road
Brookfield, WI 53045

**SUNDAYS
6:00 .PM. & 7:00 P.M.**

“Pewaukee Serenity AFG and Alateen”
Galilee Lutheran Church
N24 W26430 Crestview Drive
Pewaukee, WI 53072

**MONDAYS
9:30 A.M.**

“New Attitudes AFG”
Ascension Lutheran Church
1415 Dopp. Street
Waukesha, WI 53188

**TUESDAYS
6:30 P.M.**

“Franklin Serenity AFG”
Faith Presbyterian Church
3800 W. Rawson Avenue
Franklin, WI 53132

**WEDNESDAYS
7:00 P.M.**

“Waukesha 12x12 AFG”
Good Shepherd Lutheran Church
601 N. University Street
Waukesha, WI 53188

**WEDNESDAYS
7:00 P.M.**

“Wales Hope and Serenity AFG”
Bethlehem Lutheran Church
470 N. Oak Crest Drive
Wales, WI 53183

**THURSDAYS
10:00 A.M.**

“Into Action AFG”
Lawrence Center
3011 Saylesville Road
Waukesha, WI 5389

**THURSDAYS
7:00 P.M.**

“12 Steppers AFG”
Brookfield Presbyterian Church
1485 N. Brookfield Road
Brookfield, WI 53045

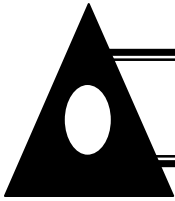
**FRIDAYS
12:00 P.M. (NOON)**

“Back to Basics AFG”
Calvary Lutheran Church
1750 N. Calhoun Road
Brookfield, WI 53005

**FRIDAYS
8:00 P.M.**

“No Saints AFG”
All Saint Lutheran Church
9131 S. Howell Avenue
Oak Creek, WI 53154





AL-ANON OPEN SPEAKER MEETINGS

If you know of any regularly scheduled Al-Anon Open Speaker Meetings not listed below, please contact the Al-Anon Service Center at (414) 257-2415 so we can list them.

1ST WEEK OF THE MONTH

**1ST TUESDAY OF MARCH, JUNE, SEPTEMBER, DECEMBER
6:30 P.M.**

Exception

September 2009 Franklin Serenity open meeting will be held on September 8th

(no smoking, childcare provided)
"Franklin Serenity AFG"
Faith Presbyterian Church
3800 W. Rawson Avenue
Franklin, WI 53132

**1ST WEDNESDAY OF EACH MONTH
8:00 P.M.**

(no smoking)
"Helping Hands AFG"
Nativity Lutheran Church
(side door, upstairs)
6905 W. Bluemound Road
Milwaukee, WI 53213

**1ST THURSDAY OF EACH MONTH
7:00 P.M.**

(no smoking, childcare provided)
"12 Steppers AFG"
Brookfield Presbyterian Church
1485 N. Brookfield Road
Brookfield, WI 53045

2ND WEEK OF THE MONTH

**2ND MONDAY OF EVEN-NUMBERED MONTH
7:00 P.M.**

(no smoking)
"Stepping Stones—Milwaukee AFG"
Mother of Good Council Church
6924 W. Lisbon
(enter on Lisbon)
Milwaukee, WI 53210

3RD WEEK OF THE MONTH

**3RD MONDAY OF MONTHS WITH 5 MONDAYS
6:30 P.M.**

(no smoking)
"Brookfield Courage to Change AFG"
St. John Vianney Church
1755 N. Calhoun Road
(at Gebhardt – use parish center door)
Brookfield, WI 53005

**3RD WEDNESDAY OF MONTHS WITH 5 Wednesdays
7:00 P.M.**

(no smoking, childcare provided)
"Wales Hope and Serenity AFG"
Bethlehem Lutheran Church
470 N. Oak Crest Drive
Wales, WI 53183

4TH WEEK OF THE MONTH

**4TH THURSDAY OF JANUARY, APRIL, JULY & OCTOBER
8:30 P.M.**

(no smoking)
"Tosa Thursday Night AFG"
Underwood Baptist Church
1916 Wauwatosa Avenue
Wauwatosa, WI 53213

5TH WEEK OF THE MONTH

**5TH SUNDAY OF EACH MONTH
6:30 P.M.**

(no smoking, childcare provided)
"Living in the Solution AFG"
Unity Church
1717 N. 73rd Street
Milwaukee, WI 53213

7:00 P.M.

(no smoking, childcare provided)
"Pewaukee Serenity AFG and Alateen"
Galilee Lutheran Church
N24 W26430 Crestview Drive
Pewaukee, WI 53072

**5TH MONDAY OF THE MONTH
9:45 A.M.**

(no smoking, childcare provided)
"New Attitudes AFG"
Ascension Lutheran Church
1415 Dopp. Street
Waukesha, WI 53188

6:30 P.M.

(no smoking)
"Eastside Monday Night AFG"
North Shore Presbyterian Church
4048 Bartlett Avenue
Milwaukee, WI 53211

HOTLINE

When the Service Center is closed, we now have the ability to transfer the Service Center calls to an individual's home phone. We are looking for volunteers. The process is simple and you can choose the hours you are willing to accept calls.

Hotline Schedule

Sunday:	9:00 a.m. – 6:00 p.m. <i>(Except 9:30 a.m. – 11:30 a.m.)</i>	Laura S.
Sunday:	9:30 a.m. – 11:30 a.m.	Susan R.
Sunday:	6:00 p.m. – 10:00 p.m.	Beth C.
Monday:	7:30 p.m. – 10:00 p.m.	<i>(Vacant)</i>
Tuesday:	9:00 a.m. – 4:00 p.m.	Tracy C.
Tuesday:	4:00 p.m. – 10:00 p.m.	Laura S.
Wednesday:	4:00 p.m. – 10:00 p.m.	<i>(Vacant)</i>
Thursday:	9:00 a.m. – 12:00 p.m.	Tracy C.
Thursday:	12:00 p.m. – 4:00 p.m.	<i>(Vacant)</i>
Thursday:	7:00 p.m. – 10:00 p.m.	<i>(Vacant)</i>
Friday:	4:00 p.m. – 8:00 p.m.	Laura S.
Saturday:	9:00 a.m. – 10:00 p.m.	<i>(Vacant)</i>

Available Hours

Monday:	7:30 p.m. – 10:00 p.m.
Wednesday:	4:00 p.m. – 10:00 p.m.
Thursday:	12:00 p.m. – 10:00 p.m.
Saturday:	9:00 a.m. – 10:00 p.m.

The above available hours can be split into smaller increments according to the time you would be available to volunteer. Call Linda D. at 257.2415 for details.

NEW TO AL-ANON?

Sunday Night Pewaukee Beginner's Meeting **6:00 p.m.**

The Sunday Night Pewaukee Beginner's Meeting is held at Galilee Lutheran Church at N24 W26430 Crestview Drive (off Hwy G), Pewaukee, WI.

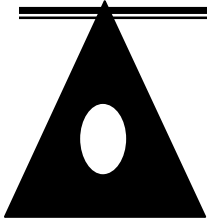
Monday Night Beginner's Meeting **7:30 p.m.**

The Monday Night Beginner's Meeting is held at the Service Center located in Summit Place at 6737 W. Washington Avenue, Suite 2135, West Allis. Everyone is invited. *(Will not be open on holidays.)*

Meeting Night	Facilitator	Facilitator Contact #	E-mail
1 st Monday	Nancy D. – "Franklin Serenity"	414.764.5897 414.378.2955	daisydu@wi.rr.com
2 nd Monday	Jan S. – "Waukesha 12 & 12"	262.542.5122	
3 rd Monday	Karen H.- "Friends of Lois"	414.475.7694	Karen.hess@att.net
4 th Monday	Chris S (even) Chris D. (odd) "Brookfield Courage to Change"	414.329.9310 262.522.6567	stenglein@opd.wi.gov n/a
5 th Monday	Mary N. – "Back to Basics"	262.894.5111	neuensmn@sva.com

Wednesday Night Beginner's Meeting **7:00 p.m.**

The Wednesday Night Beginner's Meeting is held at Calvary Memorial Church at 4001 Washington Avenue, Racine, WI. Go to the back of the church, use the 1st door on the eastside, walk up the steps, and turn right to the Al-Anon room. Everyone is invited.



Al-Anon Alive Newsletter

Volume 32

Number 9

AL-ANON FAMILY GROUP (AFG) OF SOUTHEASTERN WISCONSIN SERVICE CENTER

Located in Summit Place
6737 W. Washington Street, Suite 2125
West Allis, WI 53214-5655
414.257.2415
www.alanon-wi.org
e-mail: alanon@alanon-wi-org

SERVICE CENTER HOURS

Closed September 5th & 7th
for Labor Day.
No beginner's meeting at the
Service Center on September 7th

Monday: 10:00 a.m. – 7:30 p.m.
Wednesday: 10:00 a.m. – 4:00 p.m.
Friday: 10:00 a.m. – 4:00 p.m.
Saturday 9:00 a.m. – 12:00 p.m.

Call ahead to verify the Service Center hours for Mondays after 4:00 p.m. and for Saturdays.

(Weather-related closures of the Service center will be posted on WTMJ Channel 4, WITI Channel 6, and WISN Channel 12 TV.)

SERVICE CENTER PARKING

Parking is available to the East of Summit Place. If you leave before 10:00 p.m. on a weekday obtain a "voucher" from the Service Center to give to the guard for a token. The token is used to exit the East visitor parking lot.

The front door of Summit Place is handicap accessible, but is not open after 6:00 p.m. on weekdays and not open on weekends. Use the door by the East visitor parking lot. There is handicap parking to the West of Summit Place.

Parking is also available in the parking structure and in the city lot at the east end of Washington Street.

SERVICE CENTER VOLUNTEERS NEEDED

Service Center volunteers are needed on Mondays, Wednesdays, and Fridays from 10:00 a.m. to 4:00 p.m. and on Monday evenings 4:00 p.m. to 7:30 pm.

An extended commitment is not necessary.

The Service Center will not be open on Thursday evenings due to a shortage of volunteers.

For details on how you can volunteer for the Service Center, call Tracy A., Coordinator of Office Volunteers, 414.704.0769 or contact Linda D. at 414.257.2415.

No experience is needed. A short training session will be provided.

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