

Al-Anon Alive Newsletter

Volume 33

Number 4

AL-ANON FAMILY GROUP (AFG) OF SOUTHEASTERN WISCONSIN SERVICE CENTER

Located in Summit Place
6737 W. Washington Street, Suite 2125
West Allis, WI 53214-5655
414.257.2415
www.alanon-wi.org
e-mail: alanon@alanon-wi-org

SERVICE CENTER HOURS

Monday: 10:00 a.m. – 7:30 p.m.
Wednesday: 10:00 a.m. – 4:00 p.m.
Friday: 10:00 a.m. – 4:00 p.m.
Saturday 9:00 a.m. – 12:00 p.m.

Call ahead to verify the Service Center hours for Mondays after 4:00 p.m. and for Saturdays.

(Weather-related closures of the Service Center will be posted on WTMJ Channel 4, WITI Channel 6, and WISN Channel 12 TV.)

SERVICE CENTER PARKING

Parking is available to the East of Summit Place. If you leave before 10:00 p.m. on a weekday obtain a "voucher" from the Service Center to give to the guard for a token. The token is used to exit the East visitor parking lot.

The front door of Summit Place is handicap accessible, but is not open after 6:00 p.m. on weekdays and not open on weekends. Use the door by the East visitor parking lot. There is handicap parking to the West of Summit Place.

Parking is also available in the parking structure and in the city lot at the east end of Washington Street.

SERVICE CENTER VOLUNTEERS NEEDED

Service Center volunteers are needed on Mondays, Wednesdays, and Fridays from 10:00 a.m. to 4:00 p.m. and on Monday evenings 4:00 p.m. to 7:30 pm. and on Saturdays from 9:00 a.m. till Noon.

An extended commitment is not necessary.

For details on how you can volunteer for the Service Center, call Tracy A., Coordinator of Office Volunteers, 414.704.0769 or contact Linda D. at 414.257.2415.

No experience is needed. A short training session will be provided.

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HOTLINE

When the Service Center is closed, we now have the ability to transfer the Service Center calls to an individual's home phone. We are looking for volunteers. The process is simple and you can choose the hours you are willing to accept calls.

Hotline Schedule

Sunday:	9:00 a.m. – 6:00 p.m.	Laurie S.
Sunday:	6:00 p.m. – 10:00 p.m.	Beth K.
Monday:	7:30 p.m. – 10:00 p.m.	<i>(Vacant)</i>
Tuesday:	9:00 a.m. – 4:00 p.m.	<i>(Vacant)</i>
Tuesday:	4:00 p.m. – 10:00 p.m.	<i>(Vacant)</i>
Wednesday:	4:00 p.m. – 10:00 p.m.	Judy S.
Thursday:	9:00 a.m. – Noon	<i>(Vacant)</i>
Thursday:	Noon – 4:00 p.m.	<i>(Vacant)</i>
Thursday:	7:00 p.m. – 10:00 p.m.	<i>(Vacant)</i>
Friday:	4:00 p.m. – 8:00 p.m.	Laurie S.
Saturday:	Noon – 10:00 p.m.	<i>(Vacant)</i>

Available Hours

Monday:	7:30 p.m. – 10:00 p.m.
Tuesday:	9:00 a.m. – 10:00 p.m.
Thursday:	9:00 a.m. – 10:00 p.m.
Saturday:	Noon – 10:00 p.m.

The above available hours can be split into smaller increments according to the time you would be available to volunteer. Call Linda D. at 257.2415 for details.

NEW TO AL-ANON?

Sunday Night Pewaukee Beginner's Meeting

6:00 p.m.

The Sunday Night Pewaukee Beginner's Meeting is held at Galilee Lutheran Church at N24 W26430 Crestview Drive (off Hwy G), Pewaukee, WI.

Monday Night Beginner's Meeting

7:30 p.m.

The Monday Night Beginner's Meeting is held at the Service Center located in Summit Place at 6737 W. Washington Avenue, Suite 2135, West Allis. Everyone is invited. *(Will not be open on holidays.)*

Meeting Night	Contact Person	Contact #
1 st Monday	Sue S. – "Franklin Serenity"	414.329.9686
2 nd Monday	Jan S. – "Waukesha 12 & 12"	262.542.5122
3 rd Monday	Melissa F.	414.353.2114
4 th Monday	Sarah N. (odd) <i>Vacant</i> (even)	262.821.0140
5 th Monday	Mike K. – "Key to Serenity"	414.975.7252

Wednesday Night Beginner's Meeting

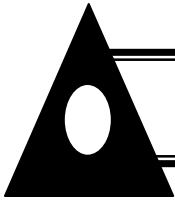
7:00 p.m.

This Wednesday Night Beginner's Meeting is held at Calvary Memorial Church at 4001 Washington Avenue, Racine, WI. Go to the back of the church, use the 1st door on the eastside, walk up the steps, and turn right to the Al-Anon room. Everyone is invited.

Wednesday Night Beginner's Meeting

8:00 p.m.

This Wednesday Night Beginner's Meeting is held at The Grove Club, 1037 Grove Street, Racine, WI 53405.



AL-ANON OPEN SPEAKER MEETINGS

If you know of any regularly scheduled Al-Anon Open Speaker Meetings not listed below, please contact the Al-Anon Service Center at (414) 257-2415 so we can list them.

1ST WEEK OF THE MONTH

**1ST TUESDAY OF MARCH, JUNE, SEPTEMBER, DECEMBER
6:30 P.M.**

(no smoking, childcare provided)
"Franklin Serenity AFG"
Faith Presbyterian Church
3800 W. Rawson Avenue
Franklin, WI 53132

**1ST WEDNESDAY OF EACH MONTH
8:00 P.M.**

(no smoking)
"Helping Hands AFG"
Nativity Lutheran Church
(side door, upstairs)
6905 W. Bluemound Road
Milwaukee, WI 53213

**1ST THURSDAY OF EACH MONTH
7:00 P.M.**

(no smoking, childcare provided)
"12 Steppers AFG"
Brookfield Presbyterian Church
1485 N. Brookfield Road
Brookfield, WI 53045

2ND WEEK OF THE MONTH

**2ND MONDAY OF EVEN-NUMBERED MONTH
7:00 P.M.**

(no smoking)
"Stepping Stones—Milwaukee AFG"
Mother of Good Council Church
6924 W. Lisbon
(enter on Lisbon)
Milwaukee, WI 53210

3RD WEEK OF THE MONTH

**3RD MONDAY OF MONTHS WITH 5 MONDAYS
6:30 P.M.**

(no smoking)
"Brookfield Courage to Change AFG"
St. John Vianney Church
1755 N. Calhoun Road
(at Gebhardt – use parish center door)
Brookfield, WI 53005

**3RD WEDNESDAY OF MONTHS WITH 5 Wednesdays
7:00 P.M.**

(no smoking, childcare provided)
"Wales Hope and Serenity AFG"
Bethlehem Lutheran Church
470 N. Oak Crest Drive
Wales, WI 53183

4TH WEEK OF THE MONTH

**4TH THURSDAY OF JANUARY, APRIL, JULY & OCTOBER
8:30 P.M.**

(no smoking)
"Tosa Thursday Night AFG"
Underwood Baptist Church
1916 Wauwatosa Avenue
Wauwatosa, WI 53213

5TH WEEK OF THE MONTH

**5TH SUNDAY OF EACH MONTH
6:30 P.M.**

(no smoking, childcare provided)
"Living in the Solution AFG"
Unity Church
1717 N. 73rd Street
Milwaukee, WI 53213

7:00 P.M.

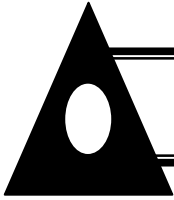
(no smoking, childcare provided)
"Pewaukee Serenity AFG and Alateen"
Galilee Lutheran Church
N24 W26430 Crestview Drive
Pewaukee, WI 53072

**5TH MONDAY OF THE MONTH
9:45 A.M.**

(no smoking, childcare provided)
"New Attitudes AFG"
Ascension Lutheran Church
1415 Dopp. Street
Waukesha, WI 53188

6:30 P.M.

(no smoking)
"Eastside Monday Night AFG"
North Shore Presbyterian Church
4048 Bartlett Avenue
Milwaukee, WI 53211



MEETINGS OFFERING CHILDCARE

**SUNDAYS
6:30 P.M.**

“Living in the Solution AFG”
Unity Church
1717 N. 73rd Street
Milwaukee, WI 53213



**SUNDAYS
6:30 P.M.**

“Sunday Night Surrender AFG”
St. Johns Lutheran Church
20275 Davidson Road
Brookfield, WI 53045

**SUNDAYS
7:00 P.M.**

“Pewaukee Serenity AFG and Alateen”
Galilee Lutheran Church
N24 W26430 Crestview Drive
Pewaukee, WI 53072

**MONDAYS
9:30 A.M.**

“New Attitudes AFG”
Ascension Lutheran Church
1415 Dopp. Street
Waukesha, WI 53188

**TUESDAYS
6:30 P.M.**

“Franklin Serenity AFG”
Faith Presbyterian Church
3800 W. Rawson Avenue
Franklin, WI 53132

**WEDNESDAYS
7:00 P.M.**

“Waukesha 12x12 AFG”
Good Shepherd Lutheran Church
601 N. University Street
Waukesha, WI 53188

**WEDNESDAYS
7:00 P.M.**

“Wales Hope and Serenity AFG”
Bethlehem Lutheran Church
470 N. Oak Crest Drive
Wales, WI 53183

**THURSDAYS
7:00 P.M.**

“12 Steppers AFG”
Brookfield Presbyterian Church
1485 N. Brookfield Road
Brookfield, WI 53045

**FRIDAYS
12:00 P.M. (NOON)**

“Back to Basics AFG”
Calvary Lutheran Church
1750 N. Calhoun Road
Brookfield, WI 53005

MEETING CHANGES

**WEDNESDAY
8:00 P.M.**

(STILL MEETING)

“Wednesday Newcomer’s AFG”
The Grove Club
1037 Grove Avenue
Racine, WI 53405

**WEDNESDAY
7:00 P.M.**

(NEW LOCATION)

“Waukesha 12 x 12 AFG”
St. Matthias Church
111 E. Main Street
Waukesha, WI 53187

**THURSDAY
6:30 P.M.**

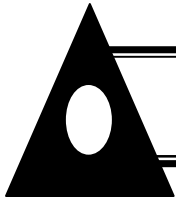
(TIME CHANGE)

“Twelve Steppers AFG”
Brookfield Presbyterian Church
1485 N. Brookfield Road
Brookfield, WI 53045

DISBANDED MEETINGS

“Bookworms CAL Study Group” – Friday 7:30 pm
(Serenity Club, Cudahy)

“Experience, Strength and Hope AFG” – Thursdays 9:30 am
(Alano Club, Racine)



MEETING CHANGES (CONTINUED)

**MONDAY
6:30 P.M.**

(TIME CHANGE)

“Listen & Learn”
Alano Club
1140 Douglas Avenue
Racine, WI 53402

**WEDNESDAY
7:00 P.M.**

(NEW LOCATION)

“Listen & Learn Alateens”
St. Matthias Church
111 East Main Street
Waukesha, WI 53187

**THURSDAY
7:15 P.M.**

(DAY & TIME CHANGE)

“Changed Attitudes AFG”
Unity Club
1715 Creek Drive
West Bend, WI 53090

OPEN DISCUSSION MEETINGS

**SUNDAYS
7:00 P.M.**

Hales Corners Open Discussion
(Al-Anon with AA participation)
Emanuel Church
10627 W. Forest Home Avenue
Hales Corners, WI 53130

Al-Anon guidelines suggest if combined meetings are held, they should be used as supplements to regular Al-Anon meetings.

SPANISH SPOKEN MEETINGS

MONDAY 6:00 P.M. WEDNESDAY 6:00 P.M. FRIDAY 6:00 P.M. SATURDAYS 10:00 A.M.

“Renacer AFG”
Nativity Jesuit Middle School
1515 S. 29th Street
Milwaukee, WI 53215

WEDNESDAY 10:00 A.M. THURSDAY 6:00 P.M. SATURDAYS 10:00 A.M.

“Solo Por Hoy AFG”
Ascension Lutheran Church Steam Chapel
1236 S. 27th Blvd. *(27th Street)*
Milwaukee, WI 53215

**FRIDAYS
5:00 – 6:30 P.M.**

“Serenidad AFG”
Prince of Peace Church
1138 S. 25th Street
Milwaukee, WI 53204

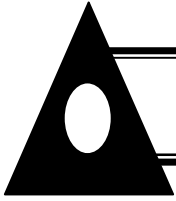
**SATURDAYS
10:30 A.M.**

“Morning Solutions Alateen”
Bilingual Spanish and English
Nativity Jesuit Middle School
1515 S. 29th Street
Milwaukee, WI 53215

FRAGRANCE FREE AL-ANON MEETINGS

Please avoid using scented products before coming to this meeting, including:

- Perfume, cologne or aftershave
- Scented deodorants, soaps or body wash
- Scented shampoos, hair conditions/spays
- Scented fabric softeners
- Body fragrance, fragranced body/hand lotions
- Other scented personal care products



INTERGROUP MEETINGS

4TH THURSDAY OF EVERY ODD-NUMBERED MONTH
(Except November they meet on the 3rd Thursday)
7:00 P.M.

Al-Anon Service Center at Summit Place
Conference Room #2135 (1st floor)
6737 W. Washington St.
West Allis, WI 53214

All Intergroup Service representatives (ISRs) and their alternates need to register with the Service Center to have voting privileges for their group. Call the Service Center at 414.257.2415 or e-mail: alanon@alanon-wi.org to register. Give your group's name, your full name, mailing address, and phone number (e-mail is optional).

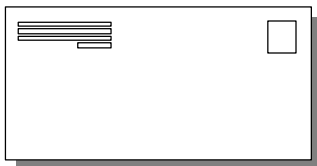
UPCOMING MEETING DATES

May 27, 2010
July 22, 2010
September 23, 2010

GROUP MAILING ADDRESS

Is your group getting mail from the World Service Office (WSO), Area 61, and Service Center? Check with your group's secretary and determine if WSO has your group's mailing address. To notify WSO of a new group or of changes (location, time etc,) to an existing group, call WSO at 757.563.1600 or go to: www.al-anon.alateen.org and download a Group Records Change Form (GR-1).

To notify the Service Center, call 414.257.2415 or e-mail: alanon@alanon-wi.org. During each group's anniversary month, the Service Center sends the group an Annual Registration Packet. The packet helps keep the group's meeting information current for newcomers and helps the group receive important Al-Anon information.



SERVICE BOARD MEETINGS

4TH THURSDAY OF EVERY EVEN-NUMBERED MONTH
6:30 P.M.

Al-Anon Service Center at Summit Place
Conference Room #2218 (2nd floor)
6737 W. Washington St.
West Allis, WI 53214

The chair and assistant chair positions are for one year. However, after serving the one year assistant chair position that person automatically serves the following year as chair. The other board positions are for two-year terms. The prerequisites for becoming a Service Board member is to either have one year as an ISR or two years in Al-Anon with services at the group level.

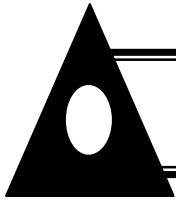
UPCOMING MEETING DATES

April 22, 2010
June 24, 2010
August 26, 2010

SERVICE BOARD MEMBERS

Chairman:	Sandy G.	262.370.3161
Assistant Chair:	Robert C.	262.706.3000
Secretary:	Mary D.	414.444.2365
AA Liaison:	Amy P.	262.751.6963
"Al-Anon Alive" Editor:	Ann M.	414.771.3166
Alateen Coordinator:	(vacant)	
Alateen Liaison:	(vacant)	
Area Liaison:	Annemarie A.	414.571.0135
Institutions:	(vacant)	
Literature:	Susan K.	262.695.7554
Public Information:	(vacant)	
Treasurer:	Fe P.	262.650.1670
Volunteer Coordinator:	Tracy A.	414.704.0769
Ways & Means:	Chris B.	414.355.4568
Web Coordinator:	Amy H.	262.549.0769

If you are interested in filling a Board opening or have questions about the Service Board, please call 414.257.2415 and leave a message. Someone will be calling you back. Hope to hear from you.



"ELECTRONIC" MEETINGS

ON-LINE MEETINGS

Current list of registered electronic meetings is available at:

www.al-anon.alateen.org/meetings/meetings.html

Click: Link at bottom of page & enter your e-mail address

- You'll receive another link to the list.
- Please use WSO list to be sure the meetings are registered

TELEPHONE MEETINGS

Phone: 1.712.432.8733

(Access Code: 52639#)

www.geocities.com/alanonphonemeetings

Spanish Speaking Al-Anon Phone

1.218.486.8700

(Access Code: 32106#)

MEETING SPACE AVAILABLE

COMMUNITY RECOVERY CENTER

N87 W17313 Main Street

Menomonee Falls, WI 53051

Call Barb D. at 262.257.4770

ALANO CLUB

1521 N. Prospect Avenue

Milwaukee, WI 53202

Call Mark at 414.287.9102

LOVE OF GOD CATHEDRAL

818 W. St. Paul Street

Waukesha, WI 53188

Call Craig at 414.430.0888

AL-ANON BOOKS, PAMPHLETS, BOOK COVERS, MEDALLIONS ETC.

The Al-Anon Service Center at 6737 W. Washington Street, Suite 2125, West Allis, WI 53214 has available for purchase the various Al-Anon books, pamphlets, book covers, and medallions. The updated meeting directory is also available at the Service Center for \$.75.

The new butterfly, serenity prayer, bronze medallions are now available at the Service Center for \$2.00. The Al-Anon anniversary medallions from one month to 30 years are also available for \$2.00.

Book covers are available for the small daily readers for \$2.00 and book covers for the larger size books are \$2.50. Please all the Service Center at 414.257.2415 with any questions.

Fabric is available, if you would be interested making book covers.

VOLUNTEER CORNER

The Service Center could not operate without our VIVs (Very Important Volunteers). Listed below are the volunteers who shared their time and talent in February. Thank you very much.

(Indicates these volunteers worked more than once in a given month.)*

Liz S.
Stephanie D.
Beverly S.
Bonnie L.*

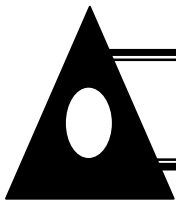
Mary B.K.
Cate M.
Ned L.
Denise M.

Susan K.*
Sue H.
Erika S.*

Pat M.*
Sharon D.
Dolores W.

Judy D.
Tim G.
Carole E.

Welcome to Bonnie L., Ned L., and Sharon D. our newest Service Center volunteers. We are so grateful for your generous help.



ALATEEN SPONSORSHIP TRAINING

APRIL 24, 2010
JULY 24, 2010

The Alateen Sponsorship Training sessions will be held as scheduled. Jaye R. has offered to assist with the training sessions until a new Alateen Coordinator is appointed. Big thanks to Jaye for volunteering her service.

The April 24th Alateen sponsor training will be held from 10:00 a.m. – 11:00 a.m. at Summit Place, 6737 W. Washington Street, Suite 2218 on the 2nd Floor, West Allis WI 43215-5655.



**“AL-ANON ALIVE”
NEEDS YOUR ARTICLES**

In the past the newsletter printed only Al-Anon service articles. Today “Al-Anon Alive” prints all Al-Anon related articles.

Submit your article by the 15th of the month to appear in the following month’s newsletter. If received after the 15th, it will still appear in a newsletter but it may be the following newsletter. The article can be e-mailed to Ann alive_editor@yahoo.com

If you don’t have access to a computer, hand write you article and mail or drop it off at the AFG of Southeastern Wisconsin Service Center at 6737 W. Washington Street, Suite 2125, West Allis, WI 53214-5655. The Service Center will get the articles to Ann.

**SERVICE CENTER DRAWING
FOR
VOLUNTEERS**

Service Center volunteers are invited to participate in a drawing for a gift certificate, good for \$15.00 of Al-Anon literature (CAL). Be sure to enter the drawing when you volunteer at the Service Center!

If you would like to become a volunteer at the Service Center call Tracy A., Coordinator of Volunteers, at 414.704.0769 or Linda D., Office Manager, at 414.257.2415.

SNOW BALL COST & EXPENSES

By: Chris B., Ways & Means

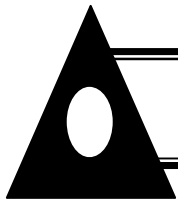
EXPENSE:		
Hall		\$3,090.96
DJ		400.00
Printing		262.00
Gifts		65.00
Air Fare/Lodging		537.80
		99.53
Misc		<u>35.24</u>
Total Expense:		\$4,490.53

INCOME:		
Ticket Sales		\$5,706.00
Drawing Sales		2,747.00
7 th Tradition		738.36
Silent Auction		<u>0.00</u>
Total Income:		\$9,191.36

Total Net Income: \$4,700.83

Hats Off to Everyone!





**HALLMARK HALL OF FAME
“EARLY LIFE OF LOIS W.”**

**SUNDAY, APRIL 25, 2010
CBS TELEVISION**

SOME THINGS TO PONDER

- I once read this quote and it has remained with me. It talks to me of my Higher Power.

“You have the unlimited power of the universe within you and so does everyone else. It’s nothing to take personal credit for, nor anything to feel guilty about. Our real power emanates from a force that’s in us but not of us.”

- Information about geese . . .

When flying south for the winter, geese fly in a V-formation, which adds at least 71% greater flying range than if each goose flew on its own. The flapping of each bird’s wings creates uplift for the bird following. If a goose falls out of formation, it immediately feels the drag, resistance and quickly gets back into formation.

When the lead goose gets tired, it rotates back and another goose takes its place.

Geese honk from behind to encourage those up ahead to continue their speed.

If a goose gets sick or is wounded by gunshot, it will leave the formation. Two other geese will follow it down to lend help and protection. They stay with the fallen bird until it is able to fly or it dies. When this happens, the birds will again begin their journey by flying alone or by joining another formation until they are able to unite with their group.

- Finding Happiness

It is not easy to find happiness in ourselves, and it is not possible to find it elsewhere.

SOMETHING’S WRONG WITH ME

BY: ANN M.

I knew something was really wrong with me but I wasn’t exactly sure what it was.

I knew my “free floating” fear (fear of living, fear of dying, fear of love, fear of not being loved . . .) was destroying me physically, mentally, and spiritually.

Somewhere, deep down inside myself, I knew that neither my intellect nor my will power could control my fear. I had tried for years. I felt hopeless. What else could I do?

Someone introduced me to Al-Anon and I learned - give the fear to someone greater than myself that can handle it. “I can’t. God can. I’ll let Him.”

(“Paths to Recovery” page 29)

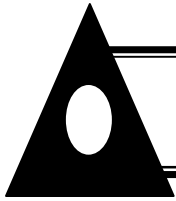
“Depending on our Higher Power can increase our independence from the opinions, needs and demand of others. We need no longer look outside ourselves to other people for validation. Asking for help from a Higher Power is an admission that we can not do it alone and gives us assurance that we are not alone.”

(“Paths to Recovery” page 34)

“The principle I got from the First Step is honesty. I really have to search for the honesty of my problem so I can deal with reality. Hope is the principle I received from the Second Step. I know that a Power greater than myself can show me the sane way to proceed. The Third Step gave me the principle of faith. I believe that God can help me handle my situation. These first three Steps are the acceptance Steps. They give me a foundation for working all the rest of the Steps.”

Grab the life line.
Have serenity.
Live.





SERVICE CENTER HIGHLIGHTS

BY: LINDA D.

By the time April arrives, I am really ready for Spring! I put away those heavy winter clothes and retrieve the lighter warm weather wardrobe. It's wonderful to be able to replace what's not needed now for a more appropriate wardrobe for the present season. That reminds me of some of our Al-Anon steps...4-7. In the 4th step I acknowledge that there are some actions and attitudes that I am proud of and want to continue doing, and some that need adjusting. In the 5th step I share what I have discovered with another human being and my Higher Power. The 6th and 7th steps allow me to give my H.P. those attributes that I don't like and take on more appropriate actions and attitudes. Sort of like a seasonal wardrobe swap. What's in your closet?

Happy April, Happy Spring!



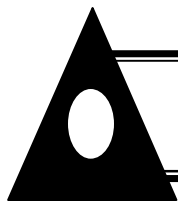
VOLUNTEER CORNER

The Al-Anon Service Center phone line and customer service is handled by many volunteers every week. The business end is handled by 3 part-time employees. We are very grateful for all the support we get from ALL the volunteers who share their time and talent with the Service Center. The Service Center is yours, mine, and ours. It is as good as we all make it. Thank you for giving us the benefit of your service!

We are especially in need of volunteers for the following time slots: **Mondays from 4:00 p.m. – 7:30 p.m. & Saturdays from 9:00 a.m. - noon**

Consider volunteering for these important time slots. If no one fills them, the Service Center will be closed during those times. Call Tracy A. at (414) 704-0769 or Linda at (414) 257-2415 for information on volunteering at the Service Center. The times are flexible and no experience is required. Training will be provided, and no set commitment is necessary. We are grateful for any help you can give the Service Center.

Mon	Tues	Wed	Thurs	Fri	Sat
			1 Closed	2 10:00 am – 1:00 pm Sue H. 1:00 pm – 4:00 pm Erika S.	3 9:00 am – noon Mary B.K.
5 10:00 am – 1:00 pm Kathy G. 1:00 pm – 4:00 pm Vacant 4:00 pm – 7:30 pm Stephanie	6 Closed	7 10:00 am – 1:00 pm Beverly S. 1:00 pm – 4:00 pm Susan K.	8 Closed	9 10:00 am – 1:00 pm Sue H. 1:00 pm – 4:00 pm Pat M.	10 9:00 am – noon Liz S.
12 10:00 am – 1:00 pm Bonnie L. 1:00 pm – 4:00 pm Vacant 4:00 pm – 7:30 pm Tim G.	13 Closed	14 10:00 am – 1:00 pm Mary K. 1:00 pm – 4:00 pm Vacant	15 Closed	16 10:00 am – 1:00 pm Vacant 1:00 pm – 4:00 pm Pat M.	17 9:00 am – noon Cate M.
19 10:00 am – 1:00 pm Vacant. 1:00 pm – 4:00 pm Vacant. 4:00 pm – 7:30 pm Liz S.	20 Closed	21 10:00 am – 1:00 pm Carole E. 1:00 pm – 4:00 pm Susan K.	25 Closed 7:00 pm Intergroup Meeting	23 10:00 am – 1:00 pm Ned L. 1:00 pm – 4:00 pm Pat M.	24 9:00 am – noon "Call to Verify Hours"
26 10:00 am – 1:00 pm Vacant. 1:00 pm – 4:00 pm Dolores 4:00 pm – 7:30 pm Judy D.	27 Closed	28 10:00 am – 1:00 pm Annie W. 1:00 pm – 4:00 pm Vacant	29 Closed	30 10:00 am – 1:00 pm Ruth H. 1:00 pm – 4:00 pm Pat M.	



HELP NEEDED!

STARTING AN AL-ANON MEETING

WHERE: House of Correction
Franklin, WI

WHEN: Beginning of 2010
2nd & 4th Monday of the Month

ADDITIONAL INFORMATION

- Rotate 2 women at each meeting
- Clearance process is required for each volunteer
(Once cleared - no need go through the process again.)
- Call Denise M. at 414.688.6884 for more information

YOUR SERVICE IS NEEDED

For the past two years, a group of Al-Anon members have worked with teens on the Alateen Program during school hours at the Waterford High School. It has been such a success, that recently Burlington High School has asked for such a program to be established in the fall of 2010 at their school.

In order to launch this program, we are recommending 4 Al-Anon sponsors take on this service commitment. Having 4 people allows at least two to always be present at the meeting which is an Alateen requirement.

In order to qualify you need to be in Al-Anon for at least 2 years and take the alateen training seminar. There are seminars coming up in spring. If you are interested, please contact Jeanne K. at 262.909.7890 for more details.

**GROUP DONATIONS & INCOME/EXPENSES
2/1/10 through 2/28/10**

BY: FE P.

GROUP DONATIONS:

Anonymous	8.00
Brookfield Courage to Change	130.81
Falls No Smoking Friday Night	80.00
Fox Point Monday Night	35.00
Franklin Serenity	420.00
Friday Night Couples	50.00
Friends of Lois	67.80
Ginne's Just for Today	30.00
Intergroup	56.55
Just for Today Waukesha	15.00
Monday Night Comfort	76.35
Pewaukee Serenity	267.50
Saturday A.M. Sunshine	50.00
Steps of Hope	13.00
Sunday Morning Community	88.20
Thursday Afternoon Discussion	54.00
Thursday Night Big Book Step Study	17.00
Wales Hope and Serenity	53.00
Waukesha Twelve & Twelve	<u>50.00</u>

TOTAL GROUP DONATION 1,562.21

INCOME

2009 Snow Ball Income	2,370.75
Bank Interest	4.76
Coffee and Soda	-24.50
Donations	1,562.21
Literature Purchase	4,412.07
Medallions	2.00
Miscellaneous Income	<u>1.40</u>

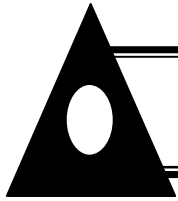
TOTAL INCOME 8,328.69

EXPENSES

2010 Snow Ball Expense	3,290.96
2011 Snow Ball Expense	100.00
Miscellaneous Expenses	4.00
Office Supplies	63.95
Payroll	1,287.66
Postage and Delivery	508.15
Purchase Literature	3,879.49
Rent-Office	985.26
Utilities, Bus	<u>238.53</u>

TOTAL EXPENSES 10,358.00

OVERALL TOTAL -2,029.31



**AREA 75
59TH ANNUAL AA SPRING CONFERENCE
(AL-ANON INCLUDED)**

HOSTED BY DISTRICT 32

APRIL 30, 2010 – MAY 2, 2010

LOCATION

Olympia Resort & Conference Center
1350 Royale Mile Road
Oconomowoc, WI 53066
800.558.9573

SPEAKERS

Al-Anon: Cissy C.
Brocton, AL
AA: Doug R.
Tajunga, CA

PANELS

Al-Anon Panels
AA Panels
Old Timer's Panel

MORE INFORMATION

Call: 262.547.6956 (Bob S.) or 262.542.2884 (Mike A.)
(or)
E-mail: sprconf2010@sbcglobal.net

SPRING FLING

(Proceeds go to the Al-Anon Service Center)

SATURDAY, APRIL 10, 2010

LOCATION

Good Shepherd Church
N88 W17658 Christman Road
Menomonee Falls

DOORS OPEN 6:00 PM

(Enter east side of building)

SPEAKERS AT 7:00 P.M.

Al-Anon: Judy T.
AA: Tim K.

POTLUCK SUPPER & RAFFLES

Bring a Dish to Pass



LAKE BENET SERENITY WEEKEND

“A HIGHER POWERED WAY OF LIFE”

(Based on Al-Anon Book: As We Understood)

APRIL 9 -11, 2010

LOCATION

St. Benedict's Retreat Center
12605 224th Avenue
Benet Lake, WI
(5 minutes north of Antioch, IL)

ACTIVITIES

Al-Anon Speaker Meetings
Break-out Groups
Group Meals
Sunrise walks
Opportunity to Create a God Box

Cost

\$170 for the Weekend
(5 meals & 2 nights lodging)

MORE INFORMATION

Call: 847.707.5078 (Kathy) or 847.414.2949 (Holly)

**OPEN MEETING
SERENITY CLUB FUNDRAISER**

SATURDAY – APRIL 24, 2010

CHILI COOK-OFF DINNER

7:00 P.M. (SPEAKERS)

DANCE TO FOLLOW

SPEAKERS

LOOKING FOR AN ALATEEN SPEAKER

LOCATION

The Serenity Club
3677 E. Pulaski Avenue
Cudahy, WI 53110

12 STEPPERS OPEN AL-ANON MEETING

THURSDAY – APRIL 1, 2010

6:30 P.M. – 7:30 P.M.

SPEAKERS

AL-ANON: FE P.
AA: LORI T.

LOCATION

Brookfield Presbyterian Church *(lower level)*
(Located on the corner of Brookfield Rd. & Bennington)
1485 N. Brookfield Road
Brookfield, WI

Babysitting Available



Fellowship & Refreshments to Follow

**SERENITY NOW TUESDAY NITE AL-ANON
2ND ANNUAL OPEN MEETING**

SATURDAY, APRIL 24, 2010

7:00 P.M.

(DOORS OPEN AT 6:30 P.M.)

SPEAKERS

AL-ANON: MARY A.
AA: PETE S.

LOCATION

St. James Episcopal Church
(Parking in back/enter thru back/red doors/go downstairs)
(Corner of 8th & Walnut)
148 S. 8th Avenue
West Bend, WI

Fellowship & Refreshments to Follow



**AL-ANON OPEN MEETING
THURSDAY AFTERNOON DISCUSSION GROUP**

THURSDAY – MAY 13, 2010

12:30 P.M. – POTLUCK

SPEAKER TO FOLLOW

AL-ANON: JAN B.

LOCATION

Gloria Dei Lutheran Church *(rear entrance)*
W180 N7863 Town Hall Road
Menomonee Falls, WI

“BRING A DISH TO PASS”



2010 MIDLAKE ALATEEN CONFERENCE

Save the Date!



**“PURE MAGIC”
WHERE WE BECOME FAMILY**

**FRIDAY - SUNDAY
MAY 28 - 30, 2010**

**WELCOME FESTIVITIES
ICE CREAM SOCIAL
24/7 MEETINGS
POOL, HOT TUB**

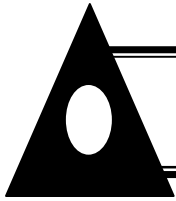
**“ROCK” MEETINGS
SATURDAY NIGHT BANQUET, SPEAKERS, DANCE**

“MORE INFORMATION TO FOLLOW”

LOCATION

Devil’s Head Resort
Merrimac, WI

“BRING A DISH TO PASS”



**22ND ANNUAL
AL-ANON ADULT CHILDREN
WORKSHOP & FESTIVAL**

**DISCOVERING MY CHOICES
DISCOVERING MYSELF**

APRIL 30, 2010 – MAY 2, 2010

More information Call: 800.843.5492 (or) visit: www.acafg.com

LOCATION

Green Lake Conference Center
W2511 State Hwy 23
Green Lake, WI 54941

SPEAKERS

Marge K., Pleasant Prairie, WI
Tim B., Chicago, IL
Pat Q., Al-Anon World Service Office
Panel: 4 mini-stories by adult children

WORKSHOP & FESTIVAL REGISTRATION

(Make checks payable: Illinois ACAFG Workshop)

Mail to:

Illinois ACAFG Workshop
P.O. Box 883
Wheaton, IL 60187-0883

- \$30 Registration postmarked on or before March 15, 2010
- \$45 Registration postmarked after March 15, 2010
- \$45 Walk-in Registration

- Price is per person - includes speakers, meetings, and social events
- Cancellation less than 30 days before event – there would be no refund
- Everyone is responsible for their own transportation, lodging & meals

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

E-mail: _____

Emergency Contact: _____

- I am willing to help
- I need a scholarship in order to attend
- Special needs: _____

**Lodging & Meal Registration
(Separate from workshop & festival)**

Lodging & Meals Reservations: 920.294.3323
(For best results, make prior to March 15, 2010)

PLANNING AHEAD

**AA AREA 75
SPRING 2011 CONFERENCE**

Looking for Participation
by Al-Anon Members
on the Al-Anon Panels

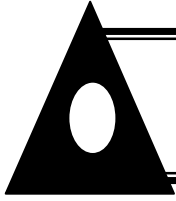
If interested, contact Anne V. 414.727.4310
(or) e-mail: anne_v@serenityclub.info

THE TWELVE “PROMISES” GIFTS

“FROM SURVIVAL TO RECOVERY” PAGES 269-270

If we willingly surrender ourselves to the spiritual discipline of the twelve steps, our lives will be transformed.

1. We will become mature, responsible individuals with the great capacity for joy, fulfillment, and wonder.
2. Though we may never be perfect, continued spiritual progress will reveal to us our enormous potential.
3. We will discover that we are both worthy of love and loving. We will love others without losing ourselves and will learn to accept love in return.
4. Our sight, once clouded, confused, will clear and we will be able to perceive reality and recognize truth.
5. Courage and fellowship will replace fear. We will be able to risk failure to develop new, hidden talents.
6. Our lives, no matter how battered and degraded, will yield hope to share with others
7. We will begin to feel and will come to know the vastness of our emotions but we will not be slaves to them.
8. Our secrets will no longer bind us in shame. As we gain the ability to forgive ourselves, our families, and the world, our choices will expand.
9. With dignity we will stand for ourselves, but not against our fellows.
10. Serenity and peace will have meaning for us as we allow our lives and the lives of those we love to flow day by day with God’s ease, balance, and grace.
11. No longer terrified, we will discover we are free to delight in life’s paradox, mystery, and we will laugh more.
12. Fear will be replaced by faith and gratitude will come naturally as we realize that our High Power is doing for us what we cannot do for ourselves.



SUBSCRIBE TO THE "AL-ANON ALIVE NEWSLETTER"

Keep in touch with the 9-county service area by reading the newsletter every month.

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

Make checks payable to: AFG of Southeastern Wisconsin

Mail or drop off at: AFG of Southeastern Wisconsin Service Center
6737 W. Washington Street, Ste. 2125
West Allis, WI 53214-5655

- Individual Subscription
- Group Subscription
Group name: _____
- New (or) Renewing Subscription
- \$30.60 (1 Year Subscription)
- \$61.20 (2 Year Subscription)
- \$61.20 (1 Year Subscription with 2 copies)
- \$2.55 (1 individual newsletter)

← "Free"
Copies

OBTAIN "FREE" COPIES
of
"Al-Anon Alive Newsletter"

Visit the Al-Anon website at www.alanon-wi.org and download a copy.
(or)
Stop at the Service Center and a copy will be printed for you while you wait.

"Free"
← Copies

SUBMITTING ARTICLES TO THE AL-ANON ALIVE NEWSLETTER"

All articles should be submitted by the 15th of the month in order to appear in the following month's newsletter. Articles should be in Word document format. The article can be e-mailed to Ann at: alive_editor@yahoo.com

If you don't have access to a computer, please feel free to handwrite your articles and mail or drop them off at the AFG of Southeastern Wisconsin Service Center at 6737 W. Washington Street, Suite 2125, West Allis, WI 53214-5655. The Service Center will get the articles to Ann.

Call Ann at 414.771.3166 with any questions.

AL-ANON GROUP DONATION FORM

Support your Al-Anon Family Groups (AFG) of Southeastern Wisconsin

Group Name: _____

Donation Amount: _____

Make checks payable to: AFG of Southeastern Wisconsin

Mail or drop off at:

AFG of Southeastern Wisconsin Service Center, 6737 W. Washington Street, Suite 2125, West Allis, WI 53214-5655